

KPCS

Food Pantry
Senior Meals
Senior Center
Homeless Outreach

Key Peninsula Community Services
17015 9th Street Ct NW
PO Box 392
Lakebay, WA 98349
253-884-4440
yourkpcs.org

Connecting People to Build Community



KPCS Holiday Hours

Christmas Giving Pick-Up

If you signed up for the Gig Harbor Eagles & KPCS Christmas Giving program, your items will be ready for pick-up at KPCS on:

- Wednesday, December 17 – 8:00 AM–5:30 PM
- Thursday, December 18 – 8:00 AM–4:00 PM
- Friday, December 19 – 8:00 AM–4:00 PM (*Last day for pick-up*)

Please make sure to collect your items by Friday, December 19.

Holiday Closures & Adjusted Hours

Christmas Holiday:

- Early Closure: Tuesday, December 24 at 1:00 PM (*Senior Lunch will be served at noon and Bobbi will be here for SAIL at 4:00 PM*) Food Pantry will Close at NOON.
- Closed: December 25 & 26

New Year Holiday:

- Early Closure: Wednesday, December 31 at 1:00 PM (*Senior Lunch will be served at noon.*) Food Pantry will Close at NOON.
- Closed: January 1, 2026
- Reopens: Friday, January 2, 2026



A Heartfelt Thank You from KPCS



Our Feast or Famine fundraiser, held on Friday, November 21 at the Gig Harbor Eagles, was a beautiful outpouring of community, generosity, and hope.

A special thank you to our event sponsor, Ross Investments, for helping make the night possible. We are deeply grateful to our silent auction donors, dessert dash bakers, and everyone who contributed items with such care.

To our amazing staff and volunteers, your hard work, long hours, and heart for this community were evident in every detail (right down to the *sporks, cheese whiz, and twinkly*

lights). We truly couldn't do this without you.

Most of all, thank you to everyone who attended, donated, and cheered us on. Because of your support, we are one step closer to building a new food pantry for the Key Peninsula.

We'll see you next year!
Thank you for helping strengthen our community.

Photo by Kathy Black

A Gift: Just for You.

More and more we hear that Tai Chi is a good thing to try, especially, as we age. Your doctor might even recommend it for you. It's rather amazing that science is just figuring out what the ancient Chinese people already knew. Still, better late than never. Seriously, I have been a Tai Chi player for close to 30 years and have been teaching it for over 10 years. The funny thing is, I still consider myself a beginner. That's the great thing about Tai Chi... it is wherever you are.. just starting, in the middle, or even a master.

Tai Chi is a dance, it's meditation, it's mental and physical therapy, it's breath, and it's harmony of body and mind. The movements are slow and balanced. We learn where our body is in space and time during each and every movement. It takes patience to learn. It even teaches you about yourself and how you deal with life. It is also one of the best fall prevention exercises available. And it's free to learn right here at KPCS. Come on out on either Tuesday or Thursdays mornings and see if it's right for you. Our next 24 week program begins on Tuesday, January 6, 2026 at 9:45am.

May you all have a wonderful Christmas Season that is filled with ease and joy.

With Love,
Bobbi



Fiber Arts
Club



FRIDAY, DECEMBER 5TH
AT 1 PM
IN THE SENIOR CENTER
LIBRARY

Fiber Arts Inspiration — Erin knitted this gorgeous sweater using wool she spun herself... from her very own sheep, Billy Joel!



Photo by Jan Murphy

TAI CHI FOR BETTER BALANCE

KEY PENINSULA COMMUNITY SERVICES

TUESDAYS AND THURSDAYS

Our next 24-week program begins

Community Christmas Celebraton

December 6th 5-8:30

Brought to you by the
Key Peninsula Lutheran Church

Admission \$25 includes food and beverages

**FROM
SANTA'S
OFFICE**



*Dear KPCS Senior Lunch Bunch,
Merry Christmas!*

Hello friends! I've heard you've been very good this year. You've had great laughs, you've helped each other, and you've been kind with your KPCS friends. Good for you!

I'm preparing your presents with the Gig Harbor Eagles elves Siver Angel Tree!

You might hear my sleigh and some laughter from funny Rudolph on Wednesday, December 17th at 1:00 PM. Can't wait to see you!

Don't forget to leave some cookies
and milk for us. We love them!

Ho! Ho! Ho!

Santa Claus



JOIN
IN...

SAY

YES

TO

FUN

CARDS
&
GAMES
EACH
WED
9:30AM



December

Tue	Wed	Thu	Fri
2 Tuna Casserole Broccoli Fruit	3 Meatloaf Baked Potatoes Green Beans Salad, Fruit Pumpkin Bars	4 Chicken & Dumplings Green Salad Fruit Blueberry Cobbler	5 Breakfast Scramble Hashbrowns Biscuit Fruit Salad
9 Sloppy Joes Tater Tots Coleslaw Fruit	10 Chicken & Rice Casserole Carrot Salad, Peas Fruit Apple Crisp	11 Pork Skillet Green Salad Steamed Carrots Fruit Pumpkin Bars	12 Marry Me Shrimp & Pasta Garlic Bread Green Salad Broccoli, Fruit
16 Baked Chicken Green Salad Mashed Potatoes Peas, Fruit Ice Cream	17 Smoked Sausage & Penne Brussels Sprouts Apple Slaw, Fruit Peach Cobbler	18 Baked Cod Rice Pilaf Coleslaw, Green Beans, Strawberries Lemon Bars	19 Beef Taco Salad Spanish Rice Mandarin Oranges
23 Ham Au Gratin Potatoes Green Bean Casserole, Fruit Salad	24 Spaghetti French Bread Salad Fruit Cake	25 Closed December 25 & 26	
30 Pulled Pork Pork 'n' Beans Salad Fruit	31 Cheeseburgers French Fries Green Salad Fruit	Call 253-884-4440 by 10 am to reserve your plate. Age 60+: \$3 suggested donation Age 59 or less: \$29.34 each required KPCS Meal Site Volunteers Eat Free	



These services are supported by funding from Pierce County through its Human Services Department.

December JOIN US THIS MONTH...

Mon	Tue	Wed	Thu	Fri	Sat
1 4:00PM SAIL	2 8:30AM: SAIL 9:45AM: Tai Chi 1:00PM: Book Club 1:00PM Tea and decorating for holidays and cookie exchange	3 9:30AM-11:30AM: Cards & Game 1:00 PM PCHS Mobile Clinic 3:00PM PTSD/ADHD Support Group 4:00 PM SAIL	4 8:30AM: SAIL 9:45AM: Tai Chi 12:20PM Presentation 1:00PM Bingo 	5 10:00AM: Program/Volunteer Committee Meeting 1:00PM: Fiber Arts Club Last day for Veterans Tree Gifts for VA	6 8:30AM: SAIL
8 4:00PM: SAIL	9 8:30AM: SAIL 9:45AM Casino Trip 9:45AM: Tai Chi 10:00AM Tacoma Pro Bono 10:30AM VA- Coffee 	10 9:30AM-11:30AM: Cards & Games 12:30PM Shopping on New Transit Bus 3:00PM PTSD/ADHD Support Group 4:00 PM SAIL	11 8:30AM: SAIL 9:45AM: Tai Chi 11:00AM PC Social Services/ADR	12 1:00PM: Christmas Carols and Cocoa  Employee Christmas Party at 2:00 PM	13 8:30AM: SAIL SUNDAY 12/14: Harbor Winds Holiday Concert Shuttle
15 9:30AM: Walmart Trip 4:00PM: SAIL	16 : 8:30AM: SAIL 9:45AM: Tai Chi 10:00AM D.S.H.S. 1:00 PM Wreath Making with Vivian 	17 9:30AM-11:30AM: Cards & Game  1:00PM Visit from Santa, Gifts from Silver Angels/Gig Harbor Eagles 3:00PM PTSD/ADHD Support Group 4:00 PM SAIL	18 8:30AM: SAIL 9:45AM: Tai Chi Birthday Lunch 	19 1:00PM Seniors Christmas Party w/ white elephant gift exchange 	20 8:30AM: SAIL
22 4:00PM: SAIL 	23 8:30AM: SAIL 9:45AM: Tai Chi	24 Closed @ 1PM	25 Closed 	26 Closed 	27 8:30AM: SAIL

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Tacomaprobono Community Lawyers

December 9, 2025

- KPCS 10-Noon,
- Mustard Seed from 1-3 p.m.
- Gig Harbor City Hall from 5-7 p.m.

You can get an appointment to attend a clinic by filling out our online intake form. If you do walk in without an appointment that's OK, but do plan to arrive as early as possible and bring any notices or other documents related to your issue. If you walk in and haven't already done an intake, an HJP paralegal will screen you for income eligibility at the clinic but you do not need to bring proof of income or ID.

COMPLETE YOUR ONLINE INTAKE NOW!



scan to go directly to our online intake form



Peninsula Community Health Services

Mobile Clinic will be at KPCS

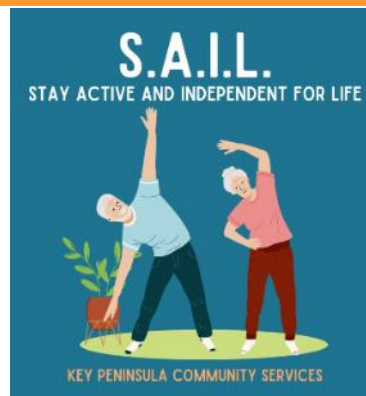
Wednesday, December 3rd, 1:00-3:00 PM

Need health care but can't make it to the clinic? PCHS is bringing care to you with their **Mobile Health Care Bus**.

- Primary medical care
- Preventive checkups & screenings
- Help managing ongoing health needs
- Support connecting with additional services

This is a great opportunity to get quality care close to home. The mobile clinic is open to everyone, and they work with most insurances (including Medicaid/Medicare) — no one is turned away for inability to pay.

Take care of yourself without leaving the neighborhood!



S.A.I.L. Classe Times

Mon @ 4:00 PM

Tues @ 8:30 AM

Wed @ 4:00 PM

Thurs @ 8:30 AM

Saturday @ 8:30 AM

Join us, we will make room for you!



Rides to Senior Lunch
Tuesday, December 9

- 9:45 AM — Casino Trip

Monday, December 15

- 9:30 AM — Walmart Trip

Thank you!
to our volunteer drivers
Cliff and Jennifer!



HHP Freeze-Relief Campaign

This month, we're asking the community to help us stock up on these two essentials: hand warmers and emergency blankets. You can donate hand warmers, emergency blankets, or funds to help us purchase them in bulk. HotHands is the most common brand, but any off-brand hand warmers are completely fine. Emergency blankets don't require a particular brand — any and all types are welcomed and useful.

If you prefer to donate financially, you can contribute directly to KPCS at the link below. **Please note “HHP,” “Homeless Outreach,” “hand warmers,” or “emergency blankets” in the comments section** so your donation is directed correctly.

Thank you for helping us prepare for the freezing weather around the corner.

Hand warmers: www.amazon.com/dp/B0007ZF4OA

Emergency blankets: www.amazon.com/dp/B0FMJWRNV2

Donate to KPCS: www.kpcservices.org/donate



VA and Friends Coffee
Tuesday 12/9/2025 @ 10:30 AM
in the KPCS Library



ADHD/PTSD Peer Support Group at KPCS

Life with ADHD or PTSD can feel like carrying invisible weights—time slips away, focus wanders, emotions flare, and it can be tough to explain what's happening beneath the surface. That's why we offer a weekly space dedicated to understanding, connection, and practical support.

Join us in the Port Room each week for a peer-led group where adults can share experiences, learn coping tools, and reconnect with strengths like creativity, humor, resilience, and compassion. This is a warm, nonjudgmental space designed to help you feel seen and supported.

Each session includes down-to-earth conversations about everyday challenges—procrastination, forgetfulness, “time blindness,” brain fog, emotional overwhelm—and simple strategies to help you stay grounded and manage stress.

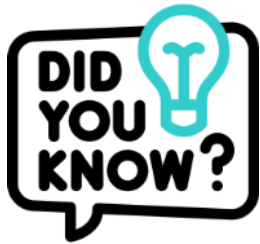
Facilitator: Jackie Furrey, MSW (retired), brings more than 30 years of experience and guides the group with insight, steadiness, and care.

When & Where: **Wednesdays at 3:00 PM** in the **Private Port Meeting Room at KPCS**

A calm, comfortable, and confidential setting for small-group connection.

Please Note: This group is *not* therapy and does not diagnose or treat ADHD or PTSD. It is peer support intended to complement professional care and build community.

Come as you are — connect, share, and find encouragement among friends who truly understand.



OUR FRIENDS AND NEIGHBORS HAVE
SOME GREAT INFO TO SHARE.....

Peninsula TRANSIT

New!

Starting Black Friday!

FREE RIDES
ON THE KEY PENINSULA!



Monday - Friday

Shuttle service is 5:30 a.m. - 5:30 p.m.
at these locations:

-  Longbranch Improvement Club
-  Key Peninsula Community Services
-  Red Barn | Per Request Only*
-  Key IGA
-  The Mustard Seed Project | Per Request Only*
-  Lake Kathryn Pharmacy
-  Purdy Park & Ride
-  St. Anthony's | Per Request Only*
-  Gig Harbor North Safeway Pavillion
-  Skansie Brothers Park

The route will be completed 10 times a day. The shuttle will not operate on federal holidays. For a more complete schedule with exact times, please visit our website.



Saturday & Sunday

Shuttle service is 9:50 a.m. - 8:10 p.m.
at these locations:

-  Longbranch Improvement Club
-  Key Peninsula Community Services
-  Key IGA
-  The Mustard Seed Project | Per Request Only*
-  Lake Kathryn Pharmacy
-  Purdy Park & Ride
-  St. Anthony's | Per Request Only*
-  Gig Harbor North Safeway Pavillion
-  Skansie Brothers Park
-  Uptown Gig Harbor

The Sunday shuttle will only be available through December. The route will be completed five times a day. The shuttle will not operate on federal holidays. For a more complete schedule with exact times, please visit our website.



PierceCountyWA.gov/PT



253-858-7088

* To request these additional stops, call 253-858-7088 two hours prior to shuttle route time, Monday through Friday.