



4-6
August

Rural Farm Camp

Three days • Three local farms • One great adventure!

Visit Finally Home Farm, Moon Mountain Farm, and Rainfall Ranch Rescue as we explore the people, animals, and agriculture that make the Key Peninsula special.

- Pot-bellied pig petting & llama spitting contest
- Flower farming bouquet demonstration
- Rescue horses & ranch life

Accessible farm visits with seating available. Free KPCS shuttle transportation. Final daily schedule subject to farm availability.

11-13
August

Line Dancing Camp | 1:00–2:00 PM

All Levels Welcome

Chairs available for seated dancing and participation

Tue: Basic steps

Wed: Country & oldies favorites

Thu: Party Favorites

18-27
August

Home Is Where the Art Is Performance Camp | 1:00–2:00 PM

A Summer Showcase of Music, Art & Community

Tue, Aug 18 – Casting & Read Through

Wed, Aug 19 – Rehearsal

Thu, Aug 20 – Rehearsal

Tue, Aug 25 – Rehearsal

Wed, Aug 26 – Dress Rehearsal

Thu, Aug 27 – Community Performance

No memorization required. All talents welcome!

Set, Costume & Production Team Wanted

Help create scenery, costumes, props, and prepare for the show.

Same dates and times as listed above.

All camps are free for seniors age 55+
To register, stop by KPCS or call 253-884-4440.
KPCS shuttle transportation available.
Come have lunch before camp!

KPCS

Food Pantry
Senior Meals
Senior Center
Homeless Outreach
Your Community Connection

KEY PENINSULA COMMUNITY SERVICES

17015 9th St Ct NW Lakebay, WA 98349

PO Box 392 Just South of the Home Bridge

Stay connected—get this newsletter by email
at yourkpcs.org

Aug 2026

253-884-4440

Howdy Neighbor,

One thing that's always running through my mind is, "How do we get people together?" It seems like more of us spend our time alone. Sometimes that's by choice, but sometimes it's because life changes. We retire, we stop driving, we lose a friend or spouse, our internal clock runs on different hours, or we simply don't know where to go to meet people.

That's why you see our team at KPCS working so hard each month to fulfill our mission of connecting the Key Peninsula to services, wellness, and one another. This year, we've intentionally expanded our hours to include evenings and weekends, and you may have noticed there are no age requirements for some of our programs. Community doesn't belong to one age group, and neither does loneliness or the need for a friendly face.

We aren't fancy we're Key Peninsula Community Services. Come on in...just make sure there's no chicken stuff on your shoes!

That's one of the things I love most about the Key Peninsula. Around here, it doesn't matter if you're coming from the waterfront, the woods, the office, or the barn. Chances are you've got a pair of muck boots by the door, a garden that needs weeding, or a project waiting at home. We all belong here, and I want KPCS to feel the same way, a place where everyone is welcome, exactly as they are.

I'd love to see you around KPCS. Join us at the Luau, cheer on our upcoming Community Performance, stop by Book Club, enjoy Veterans & Friends Coffee, try an exercise class, have lunch with us, use our computer, printer, and Wi-Fi, or pick up a few Food 4 Neighbors meals for a neighbor who's having a tough time getting out.

If you've been meaning to stop by, consider this your invitation and please call if you need a ride. Hope to see you soon,

Robyn



*Photo Above captured by Jan Murphy at
2025 Rural Farm Camp*



Erin's Fishy Chat

Have you noticed the changes to the fish tank in the front lobby? New fish and a refreshed underwater landscape have transformed the aquarium into a beautiful focal point and now's your chance to learn more about it! Join Erin on Friday, August 28 for an informal Q&A all about the KPCS tropical freshwater aquarium. She'll introduce some of its colorful new residents, and answer your questions about how the aquarium is cared for and maintained. If you've ever found yourself wondering what goes into keeping our tank healthy and thriving, this is the perfect opportunity to satisfy your curiosity.



Emotions Anonymous

Interested in an Emotions Anonymous Group This Winter? KPCS is exploring the possibility of starting a weekly Emotions Anonymous (EA) group this winter.

Like Alcoholics Anonymous (AA) and Narcotics Anonymous (NA), EA follows a 12-Step program and is open to anyone looking to improve their emotional well-being or find support through life's challenges.

We're considering meeting once a week on Sunday or Monday. Interested in attending or helping? Call (253) 884-4440, stop by the front desk, or send us an email.

You Are Not Alone:
AA Meetings at KPCS
All Meeting Times 7:00 PM – 8:00 PM:
Wednesday Night
Friday Night
Sunday Night

Key Peninsula Lutheran Church offers
AA Tuesday 5:30 PM
AA Friday 7:00 PM
Narcotics Anonymous
Wednesday Night 7:00 - 8:00 PM



TACOMAPROBONO IS ALWAYS AT KPCS
THE 2ND TUES OF THE MONTH
10:00 AM - NOON
TUESDAY, AUGUST 11TH

LifeTalks: Connect Through Intentional Conversation

LifeTalks is an 8-week program where you'll engage in meaningful conversations, thoughtful reflection, and genuine connection. It's a wonderful opportunity to build new friendships, feel more connected, and share your unique story.

Meeting once a week for two hours, each session is guided by caring facilitator, Abby, with Virginia Mason Franciscan Health. Together, we'll explore a different topic each week, including memories, life's turning points, friendship, work, history and its impact on your life, and the legacy you hope to leave.



Wednesdays, September 2 – October 21 / 10:00 AM – 12:00 PM
in the Multi – Purpose Room / Capacity: Limited to 8–12 participants
Cost: FREE / Ready to Connect? Register today by calling 253-884-4440

Why don't kleptomaniacs enjoy
puns?



Because they're always taking
things literally.



Knock, Knock?
Who's There?
Cow Says.
Cow Says Who???



No, a cow says moo

No One EATS ALONE



Need a reason to call a friend? This is it!

Invite someone to join you for lunch at KPCS and enjoy a delicious homemade meal prepared by our wonderful cook, Jamie.



It's the perfect place to catch up,
share a laugh, and spend time together.
Coming by yourself?

That's perfectly okay, too. Our lunch crowd is warm and welcoming, and **no one gets turned away**, and **no one has to eat alone**. We'll gladly help you find a seat and introduce you to new friends.



So go ahead... pick up the phone, give that friend a jingle, or simply come as you are.

*There's always
a place for you
at our table.*



Key Pen South Book Club



NEXT MEETING:

Wed 8/5 at 12:30pm
(Notice Change of Time)



BOOK DISCUSSION

**"Another Roadside
Attraction"**

By Tom Robbins.

KEY PENINSULA COMMUNITY SERVICES

17015 9TH ST CT NW
LAKEBAY, WA 98349



If you would like to join us
253 884 4440



September's Book:

We will choose the next book together.



Books are provided.



VETS & FRIENDS COFFEE

Come for coffee, snacks, and conversation



**Wed, August 19
1:00pm**

Open Creative Space

FREE Community Event!



Saturday, August 15, 2026



10:00 AM – 2:00 PM



KPCS Dining Room / Multipurpose Room

Bring your current creative project and
enjoy a relaxed day creating with others.
We'll have plenty of table space, air
conditioning, and good company!

Everyone is Welcome!

WHETHER YOU ENJOY:

- Painting
- Drawing
- Floral Tray Making
- Paper Arts
- Mixed Media
- Crochet, Knitting, Quilting, Sewing, and more!

♥ You can also drop off completed kits/items
for *The Linus Project!*

If you're looking for a fun community project,
this is a great time to make **amigurumi** for
KPCS's upcoming Suicide Prevention
Summit giveaway.



*Come
create with us!
We can't wait
to see you!*



**Questions? Call us at
253-884-4440**

AUGUST

Tuesday	Wednesday	Thursday	Friday
4 Harvest Chicken Salad Garlic Bread Summer Fruit	5 Taco Salad Mexican Rice Melon Medley	6 Ham Salad Sandwich Spinach Strawberry Salad Carrot Sticks	7 Salmon Fettuccine Pea Salad Sunshine Fruit Salad Breadsticks
11 Sloppy Joe Special Garden Salad Watermelon	12 Chicken Enchiladas Verde Pico de Gallo Fiesta Slaw	13 Ultimate Chef Salad French Bread Sunshine Fruit Salad	14 <i>Picnic@ Palmer Lake</i> Mega Bagel Crispy Crunch Salad Beet Salad
18 Jamie's Grilled Cheese & Tomato Bisque 3 Bean Salad Fruit Medley	19 Pork Chops & Applesauce Roasted Root Veggies Perfect Pasta Salad	20 <i>Aloha!</i> Aloha Burgers Luau Beans Sunshine Salad	21 Turkey Roll-Ups Cranberry Apple Slaw Potato Salad
25 Panko-Crusted Pollock Rice Pilaf Broccoli Salad Melon Medley	26 Western Frittata English Muffin Home Fries Orange Slices	27 Pot Luck & Open-Faced Turkey Sandwich Mixed Green Salad	28 Beef Stroganoff Sliced Tomato Cottage Cheese Fresh Fruit Dinner Roll

Lemonade, Milk, Coffee & Tea available with each meal

CALL 253-884-4440 BY 10 AM TO RESERVE YOUR PLATE

Age 60+: \$3 suggested donation — no one is turned away!

Age 59 or less: \$12.55 each required

Kitchen Volunteers always eat free!

 These services are supported by funding from Pierce County through its Human Services Department.



The Gift of Compassion

Over the past few months, I've shared thoughts about **gratitude** and **community**. This month, I've been reflecting on **compassion**.

The word **compassion** comes from the Latin meaning "to suffer together." I don't think I truly understood those words until I experienced the loss of someone I loved. You may have experienced a loss or difficult season like this too.

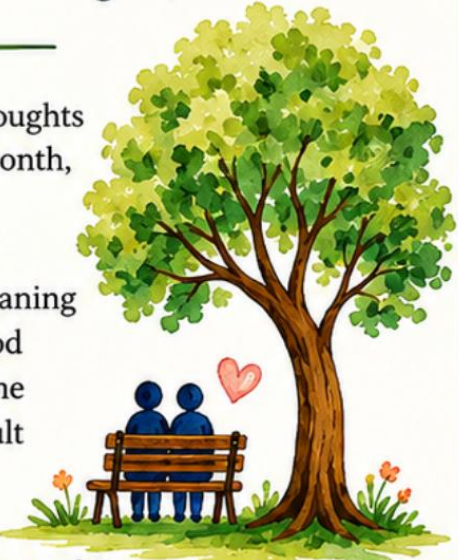
But suffering together isn't only about grief. It can also be about encouraging one another through life's everyday challenges. We "suffer together" as we wake up sleepy muscles in SAIL or Tai Chi, laugh through an exercise that isn't quite as easy as it used to be, celebrate each other's progress, or simply show up for one another. Those shared moments remind us that we don't have to face life's challenges alone.

I have found that **compassion** often comes through simple acts—a kind word, a listening ear, a smile, or someone arriving at just the right moment. Looking back, I realize those moments became gifts that I will always treasure.

As we go about our days, we never know what someone else may be carrying. A little kindness and encouragement can make more of a difference than we realize.

We truly are in this life together, connected by our shared experiences. May we continue to choose **compassion**, lift one another up, and remember that sometimes the greatest gift we can give is simply to walk alongside someone for a while.

Love, Bobbi







What's Happening Around the Neighborhood?

SAVE the DATE

First Annual Pierce County

SUICIDE PREVENTION SUMMIT & 5K

09.18.26 12-7 PM

Suicide is a serious but preventable public health issue.

- Professional workshops, 12-4 p.m.
- Community sessions, 4 - 6 p.m.
- 5K across Narrows bridge, 6 p.m.



Sponsored by Pierce County. Chaired by Pierce County Council Members Robyn Denson (District 7) & Paul Herrera (District 2)

PIONEER DAYS
AUGUST 22, 2026
Key Peninsula Civic Center 70 years

Free to Attend!

Join us beginning at 12 p.m. for

- Live Performances
- Lunch
- Kids' Activities
- Summer Market
- Beer Garden
- and MORE!

Evening Concert Featuring **SOUL SIREN**

Thank You Angel Guild

This spring, KPCS received a generous grant from one of the Key Peninsula's true treasures, Angel Guild.

Our refrigerated food pantry truck makes trips off the Key four days a week, picking up thousands of pounds of food for our neighbors. Those miles add up, and so does the wear and tear.

Thanks to Angel Guild's generosity, we were able to purchase new tires from Les Schwab, get an oil change from Glen Cove, and put much needed fuel in the tank to keep the truck rolling.

Our Food Pantry is one of KPCS's most underfunded programs, so support like this makes an incredible difference. Every bag donated at Angel Guild, every treasure purchased, and every volunteer hour helps organizations like ours continue serving the community.

To everyone who shops, donates, and volunteers at Angel Guild—thank you. Your kindness travels far beyond the walls of the thrift shop. It helps fill pantries, feed families, and strengthen our community.

Angel Guild, we truly couldn't do this without you.

KPGO!

KEY PENINSULA ELECTRIC CARSHARE

A Community-Driven Project

The Mustard Seed Project OF KEY PENINSULA

KPCS Food Pantry Senior Center Homeless Outreach

RED BARN

FOOD 4 ALL

KPGO.ORG

August Events Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 8:30 AM SAIL
3 3:00 PM SAIL	4 8:30 AM SAIL 9:45 AM Tai Chi	5 Birthday Celebration 9:30 AM Cards & Games 12:30 PM Book Club 11:30 AM SHIBA 1:00 PM PCHS Mobile 3:00 PM SAIL	6 8:30 AM SAIL 9:45 AM Tai Chi 1:00 PM Bingo 2:30 PM ADHD/ADD Support Grp. BINGO	7 10:00 AM Prog. Committee Mtg 12:45 PM Movie & Popcorn "Stone Pillow"	8 8:30 AM SAIL
	Rural Farm Camp: Visit Local Farms				
10 3:00 PM SAIL	11 8:30 AM SAIL 9:45 AM Tai Chi 10:00 AM Tacomaprobono 12:20 PM Hula demonstration wear your hawaiian shirt or muumuu!	12 9:30 AM Cards & Games 3:00 PM SAIL	13 8:30 AM SAIL 9:45 AM Tai Chi 12:30 PM Live Music 2:30 PM ADHD/ADD Support Grp. ALOHA!	14 11:45 AM Lunch picnic @ Palmer Lake Park	15 8:30 AM SAIL 10:00 AM Creative Open Space
	Line Dancing Camp: 1:00-2:00 PM in the KPCS Dining Room				
17 3:00 PM SAIL	18 8:30 AM SAIL 9:45 AM Tai Chi	19 9:30 AM Cards & Games 1:00 PM Vets & Friends Coffee 3:00 PM SAIL	20 8:30 AM SAIL 9:45 AM Tai Chi 1:00 PM Bingo 2:30 PM ADHD/ADD Support Grp. BINGO	21 12:45 PM Karaoke 1:00 PM Fiber Arts 12:45 PM Casino Trip: The Point	22 8:30 AM SAIL
	Performance Camp: 1:00-2:00 PM in the KPCS Dining Room				
24 3:00 PM SAIL	25 8:30 AM SAIL 9:45 AM Tai Chi 10:00 AM DSHS	26 9:30 AM Cards & Games 3:00 PM SAIL	27 Pot Luck 8:30 AM SAIL 9:45 AM Tai Chi 1:00 PM Performance 2:30 PM ADHD/ADD Support Grp.	28 12:30 PM Fish Talk w/ Erin T	29 8:30 AM SAIL
	Performance Camp: 1:00-2:00 PM in the KPCS Dining Room				



Take KPCS With You! *Fundraiser T-Shirts*

Regularly \$10
but with this coupon,
⇒ still \$10! ⇒

Good News from KPCS!

Thanks to Land Survey Engineers (LSE) in Puyallup, we've been approved to build our new Food Pantry exactly where we were hoping! It may be behind-the-scenes progress, but it's a huge milestone, and we're excited to keep moving forward.

Anyone who has dealt with wells and septic systems knows they can be challenging, so we're incredibly grateful to the team at LSE for helping us navigate the process. Our engineered plans are complete, and we'll be ready to submit for our building permit as soon as LSE gives us the green light.

We're also excited to share that our new Food Pantry is fully funded. This has been made possible through the generosity of our community, including our 2024 Annual Appeal, our 2025 Feast or Famine Fundraiser, support from Pierce County Councilmember Robyn Denson through the Pierce County Community Needs Grant, the generosity of the Gary Milgard Family, and Senator Deb Krishnadasan's sponsorship of KPCS in the 2026 Supplemental Capital Budget.

While all of this planning has been happening, our incredible staff and volunteers have continued serving our neighbors from our temporary Food Pantry. What began in a single-car carport has grown into a temporary pantry that continues to meet the needs of our community **thanks to their creativity, flexibility, and dedication.**

Every step brings us closer to creating a welcoming, accessible, and efficient Food Pantry that will serve our neighbors for years to come.

Thank you to our donors, volunteers, community partners, elected officials, foundations, and everyone who believes in KPCS. We couldn't do this without you, and we can't wait to share the next milestone with you....in September!



FRESH, NUTRITIOUS DELIVERED MEALS



GROCERIES

All available for delivery, or in person shopping at the Family Pantry in Key Center.



HOME DELIVERY

Prepared meals delivered with care right to your door.



PREPARED MEALS

Delicious, nutritious meals ready for delivery or shopping.



Family Pantry in Key Center:
9127 154TH AVE CT NW, LAKEBAY



Call for Delivery:
Food 4 All 253-857-7401

KPCS

Food Pantry
Senior Meals
Senior Center
Homeless Outreach



NEED MEALS?

Call KPCS Today: 253-884-4440

Choose home delivery by caring neighbors
or pick up at KPCS:
17015 9th St Ct NW, Lakebay



..... ♥
*Thanks to volunteers from Fox Island United Church of Christ
for helping KPCS cook and package meals!*



**Virginia Mason
Franciscan Health™**
A member of CommonSpirit



Thank You!



This program is generously supported
by a grant from
Virginia Mason Franciscan Healthcare.