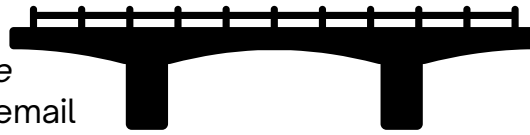


KEY PENINSULA COMMUNITY SERVICES

17015 9th St Ct NW Lakebay, WA 98349
PO Box 392 *Just South of the Home Bridge*
Stay connected—get this newsletter by email
at yourkpcs.org



July 2026
253-884-4440



You've probably noticed some new faces around KPCS lately!



Jamie Biemford, our new cook, has joined the team and we're excited for all she will bring to our kitchen and meal programs. Please stop by, say hello, and help make her feel welcome. One of the best ways to do that is to fill the dining room and enjoy a meal with us as we continue strengthening our kitchen program.



Cat Razlavsky, our new Food Pantry Manager, recently moved to the Key Peninsula from Arizona, where she owned and operated a boutique for 18 years. She brings extensive experience in customer service, volunteer management, fundraising, and business operations. We are excited to have her help guide the growth of our self-shopping pantry experience.



Ethian Strickland recently joined our Street Outreach team. He brings years of experience in substance use recovery services, intake, client support, and community outreach. While he is looking forward to expanding his street outreach experience, he has already helped many of our neighbors connect with resources and support. We are grateful for his compassion, positive attitude, and willingness to help wherever needed.



Michael Miletich is our new Community Services Coordinator. While pursuing his Master's in Social Work, Michael is helping coordinate the many moving pieces of KPCS. We may seem like a quiet little community center from the outside, but we're really a busy little factory of goodness, helpfulness, and connection. Michael brings strong skills in systems, organization, and communication, and you'll likely see him involved in all areas of KPCS.

If you see Jamie, Cat, Ethian, or Michael around campus, please take a moment to introduce yourself and help us give them a warm KPCS welcome!

Celebrating Birthdays at KPCS 🎉

We've been thinking about birthdays and realized that when we celebrate them all together at the end of the month, it can sometimes feel like we miss the special day itself.

Because we respect everyone's privacy and do not share birth date information unless you choose to, some members may not hear a "Happy Birthday" until our monthly celebration. So, we're going to try something new!

Starting this month, we'll kick off each birthday month with a little celebration for those who would like to participate. We'll have a mini cupcake, a birthday card, and plenty of well wishes to help start the month on a happy note.

Sharon R. and several others are also working on a Birthday Board. The idea is to include photos, have birthday cards available for signatures throughout the month, and create another fun way to celebrate our community. Keep an eye out for more information, and feel free to join in. We're building this as we go and welcome ideas!

Our monthly Potluck Lunch will remain the same and continue on the last Thursday of each month. We also encourage you to invite family and friends to join us. It's a wonderful way to share a meal, celebrate together, and introduce loved ones to our KPCS community.

Happy to hear your thoughts! - Robyn

The Suggestion Box location recently changed to in the Dining Room, right between the kitchen pass-through windows. Recent favorites like Honey Roasted Carrots and Salisbury Steak came from member suggestions. We'd love to hear from you. Ideas for activities, meals, outings, or improvements welcome; keep 'em coming!

**You Are Not Alone:
AA Meetings at KPCS
All Meeting Times 7:00 PM – 8:00 PM:
Wednesday Night
Friday Night
Sunday Night**

**Key Peninsula Lutheran Church offers
AA Tuesday 5:30 PM
AA Friday 7:00 PM
Narcotics Anonymous
Wednesday Night 7:00 - 8:00 PM**



**TACOMAPROBONO IS ALWAYS AT KPCS
THE 2ND TUES OF THE MONTH
10:00 AM - NOON
TUESDAY, JULY 14TH**



14-16
July

Mocktails & Masterpieces Camp

Tue-Thu | 1:00-2:00 PM

Create a beautiful ocean dolphin painting while enjoying refreshing mocktails and great company.

🎨 Guided instruction each day 🎨 Take home your artwork

Free • No experience needed • All supplies provided

21-23
July

Jam Camp

Bring your instrument or just your love of music and join us for a fun, relaxed week of music with friends and neighbors. Play, sing, listen, or tap along! Jam Camp Songbooks with lyrics and simple chords are available prior to camp, stop on by and pick one up. All skill levels welcome 🎵

Tue, July 21 | 5:00-6:00 PM

- You Are My Sunshine
- This Land Is Your Land
- Take Me Home, Country Roads
- Leaving on a Jet Plane
- Five Hundred Miles
- Horse with No Name

Thu, July 23 | 5:00-6:00 PM

- Ring of Fire
- King of the Road
- Sweet Caroline
- Wagon Wheel
- The Gambler
- Will the Circle Be Unbroken

Wed, July 22 | 5:45 PM Departure

Hop on the KPCS bus and head to Sehmel Homestead Park to enjoy live music by Mark Hurwitz and Gin Creek. Bring a chair or a blanket

28-30
July

Tie-Dye Camp | 1:00-2:00 PM

Get colorful and creative with fun tie-dye and vibrant colors!

Tue: Bring a T-Shirt Wed: Bring Your Own Item

Thu: KPCS Surprise Item & Fashion Show

All tie-dye supplies provided

No experience necessary • Free • Fun • Colorful!

All camps are free for seniors age 55+
To register, stop by KPCS or call 253-884-4440.
KPCS shuttle transportation available.
Come have lunch before camp!

KPCS

Food Pantry
Senior Meals
Senior Center
Homeless Outreach

Your Community Connection



4-6
August

Rural Farm Camp

Three days • Three local farms • One great adventure!

Visit Finally Home Farm, Moon Mountain Farm, and Rainfall Ranch Rescue as we explore the people, animals, and agriculture that make the Key Peninsula special.

- Pot-bellied pig petting & llama spitting contest
- Flower farming bouquet demonstration
- Rescue horses & ranch life

Accessible farm visits with seating available. Free KPCS shuttle transportation. Final daily schedule subject to farm availability.

11-13
August

Line Dancing Camp | 1:00–2:00 PM

All Levels Welcome

Chairs available for seated dancing and participation

Tue: Basic steps

Wed: Country & oldies favorites

Thu: Party Favorites

18-27
August

Home Is Where the Art Is Performance Camp | 1:00–2:00 PM

A Summer Showcase of Music, Art & Community

Tue, Aug 18 – Casting & Read Through

Wed, Aug 19 – Rehearsal

Thu, Aug 20 – Rehearsal

Tue, Aug 25 – Rehearsal

Wed, Aug 26 – Dress Rehearsal

Thu, Aug 27 – Community Performance

No memorization required. All talents welcome!

 **Set, Costume & Production Team Wanted**

Help create scenery, costumes, props, and prepare for the show.

Same dates and times as listed above.

**All camps are free for seniors age 55+
To register, stop by KPCS or call 253-884-4440.
KPCS shuttle transportation available.
Come have lunch before camp!**

KPCS

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Key Pen South Book Club

NEXT MEETING July 1st
1230p (Notice Change of Time)

BOOK DISCUSSION

We Are Not Like Them
by Pride, Christine, author

KEY PENINSULA COMMUNITY SERVICES
17015 9TH ST CT NW
LAKEBAY, WA 98349

If you would like to join us
253 884 4440

August Book: "Another Roadside Attraction".
By Tom Robbins.

Books are provided.



Pictures from our Pt. Defiance Rose Garden trip.

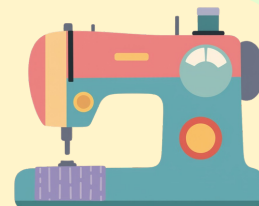
The bus was packed, the roses were beautiful, and everyone had a fun time exploring the gardens.

A reminder that our outings often fill up quickly, so please be sure to sign up in advance so we can plan transportation and make sure everyone has a seat.



Creative Space Returns!

FREE Community Event
Saturday, July 18, 2026 10:00 AM-2:00 PM
KPCS Dining Room - Multipurpose Room



Our June Creative Space was a hit, with six artists all working in different mediums. Painting, stitching, crafting, creating, and inspiring one another. It was amazing to see so many different projects taking shape in the same room!

Whether you have an hour to spare or want to stay the entire time, you're welcome to join us. Bring your current project, start something new, or simply come enjoy the creative energy.

We'll provide the tables, bright lighting, air conditioning, and plenty of creative inspiration. No classes. No pressure. Just room to create and good company to share it with.

All ages welcome. Well-behaved children ages 16+ are welcome to attend independently.

Come for an hour or stay all afternoon.

Special Features: • Treasure Table • Donation Station • Project Linus Donation Drop-Off

*We also had several items dropped off for Project Linus - learn more at
www.projectlinus.org



The Practice of Community continued from June:

I recently learned about **The File of Life!**



It's a simple way to ensure that if needed in a medical emergency; your vital information can be put in a little red pouch that is easily accessible to the Fire Department EMTs via your refrigerator door.

Information such as emergency contacts, your medical condition and medications, health care proxy, and other information that can help them help you faster.

You can obtain the File of Life here at KPCS or the Fire Department.

Speaking of our Key Peninsula Fire Department: On a personal note, my sincere gratitude for all of their wonderful and caring assistance when my beloved Dan was suffering from Afib and later from cancer. They were very prompt, kind, gentle, and incredibly competent.

Also, to Anne Nesbitt, whom on more than one occasion, has asked me to remind people that if you fall and need help to get up, call 911. She said in no uncertain terms that it *"Is Part Of Their Job to Our Community."*

They, too, help us stand on our own two feet...Together.

With love,
Bobbi



PCHS Mobile Medical Clinic

To provide healthcare for all in our communities.

MOBILE LOCATIONS

The PCHS Mobile Clinic Pulls Up to KPCS
The First Wednesday of Each Month -
Schedule your Appointment today



Pre-Scheduling
Encouraged

Walk-Ins
Welcome!



PCHS Mobile Program
We are driven to serve you!



(360) 377- 3776



<https://www.pchsworld.org>

ICE CREAM

COOKING DEMO BANANA ICE CREAM

July 08, 2026
12:30PM

Join Robin from the Kitchen for a live cooking demonstration featuring a refreshing homemade banana ice cream recipe.

This nutritious dessert is:

- Low Fat
- Naturally Sweet
- Easy to Prepare at Home

Learn tips and tricks for creating a healthy, creamy frozen treat with simple ingredients.

Free Demonstration • Samples Provided

Thanks Robin!



July Events Calendar



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 AM Cards & Games 10:00 AM Haircuts 10:00 AM VA Resources 11:30 AM SHIBA Medicare Advisor 12:30 PM Book Club 1:00 PM PCHS Mobile 3:00 PM SAIL Birthday Celebrations	2 8:30 AM SAIL 9:45 AM Tai Chi 1:00 PM Bingo 2:30 PM ADHD/ADD Support Group 	3 10:00 AM Prog. Committee Mtg. 12:45 PM Movie & Popcorn "The Silent Child" 	4 HAPPY 4TH OF JULY
6  3:00 PM SAIL	7 8:30 AM SAIL 9:45 AM Tai Chi Twinsie Tuesday! Dress alike and match your friend!	8 9:30 AM Cards & Games 12:30 PM Cooking Demonstration 3:00 PM SAIL	9 8:30 AM SAIL 9:45 AM Tai Chi 2:30 PM ADHD/ADD Support Group	10 12:45 PM Karaoke 1:00 PM Fiber Arts 	11 8:30 AM SAIL
13 3:00 PM SAIL	14 8:30 AM SAIL 9:45 AM Tai Chi 10:00 AM Tacoma-probono Legal Aid Pajama Day!!	15 9:30 AM Cards & Games 10:00 AM Haircuts 1:00 PM Vets & Friends Coffee 3:00 PM SAIL	16 8:30 AM SAIL 9:45 AM Tai Chi 1:00 PM Bingo 2:30 PM ADHD/ADD Support Group 	17 11:45 AM Trip: Senior Lunch Picnic 	18 8:30 AM SAIL 10:00 AM - 2pm Creative Open House - Free art space
20 9:30 AM Trip: Winco Silverdale  3:00 PM SAIL	21 8:30 AM SAIL 9:45 AM Tai Chi Heads & Tails! Wear your crazy hat and/or wacky socks!	22 9:30 AM Cards & Games 3:00 PM SAIL	23 8:30 AM SAIL 9:45 AM Tai Chi 2:30 PM ADHD/ADD Support Group	24 12:45 PM Movie & Popcorn "Harper Valley PTA" 	25 8:30 AM SAIL
27 3:00 PM SAIL	28 8:30 AM SAIL 9:45 AM Tai Chi	29 9:30 AM Cards & Games 10:00 AM Haircuts 3:00 PM SAIL	30 8:30 AM SAIL 9:45 AM Tai Chi 2:30 PM ADHD/ADD Support Group 	31 12:45 PM Casino Trip: "Little Creek" 	Tie-Dye Camp 1pm-2pm in Dining Rm Potluck

JULY

Tuesday

Wednesday

Thursday

Friday

	1 BBQ Chicken Sandwich Veggie Sticks Tater Tots Watermelon	2 Beef Tacos Corn & Black Bean Salad Spanish Rice Pineapple	3 Baked Salmon Smashed Potatoes Roasted Broccoli Roll Fruit Cup
7 Ham Salad Sandwich Pea Salad Melon Salad	8 Baked Lemon Herb Chicken Honey Roasted Carrots Rice Pilaf Roll Mandarin Oranges	9 Meatballs & Pasta in Cream Sauce Broccoli French Bread Watermelon	10 Potato Crusted Fish 3 Bean Salad Roll Melon Salad
14 Pancakes & Sausage Potatoes O'Brien Fruit Salad	15 Pulled Pork Sandwich Pasta Salad Coleslaw Tropical Fruit Salad	16 Fried Chicken Mashed Potatoes & Gravy Roll Sunny Fruit Salad	17 Hot Dog Broccoli Salad Tortilla Chips Watermelon Cookies
21 Shrimp Tacos Mango Salsa Cilantro Rice Cucumber Salad Watermelon	22 Pepperoni Pizza Broccoli Salad July Fruit Medley	23 Roasted Pork w/ Berry Glaze Roasted Carrots Spinach & Mandarin Salad Rice Pilaf	24 Huge Turkey Sandwich Red Cabbage & Carrot Salad Fruit Salad
28 Meatball Sub Pasta Salad Sunshine Fruit Salad	29 Parmesan Crusted Fish Sandwich Sweet Potato Tots Coleslaw Summer Berry Whip	Pot Luck & 30 White Bean Spaghetti Caesar Salad Cottage Cheese w/ Mandarins French Bread	31 Hawaiian Pork & Veg Kebabs Pasta Salad Dinner Roll Fruit Medley

Lemonade, Milk, Coffee & Tea available with each meal

CALL 253-884-4440 BY 10 AM TO RESERVE YOUR PLATE

Age 60+: \$3 suggested donation — no one is turned away!

Age 59 or less: \$12.55 each required

Kitchen Volunteers always eat free!



These services are supported by funding from Pierce County through its Human Services Department.