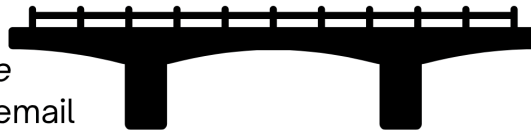


KEY PENINSULA COMMUNITY SERVICES

17015 9th St Ct NW Lakebay, WA 98349
 PO Box 392 *Just South of the Home Bridge*
 Stay connected—get this newsletter by email
 at yourkpcs.org



Sept 2026

253-884-4440

KPCS Community Nights

Starting September 8, 2026 |

Tuesdays & Thursdays | 5:30–7:30 PM

Whether it is access to nourishing food, socializing and making new friends, or finding helpful resources and support, KPCS is a place where connections can happen. Our doors are always open, and everyone is welcome to come in, get connected, and be part of our community.

And now, we are keeping those doors open a little longer! Beginning Tuesday, September 8, we invite you to **KPCS Community Nights** every Tuesday and Thursday from 5:30–7:30 PM.



Come find a little light in the dark evenings and enjoy some laughter and good company. Spend time together playing games, listening to music, dancing, challenging someone to a round of ping pong, or simply hanging out and connecting. Our friendly team of three will be there to keep things fun and welcoming and we'll have snacks on hand if you didn't get a chance to grab dinner.

Thanks to behavioral health funding in Pierce County that has been directed toward supporting senior centers and the important role they play in community wellness, KPCS has an opportunity to build on what we already do every day: bring people together.

Connection, friendship, laughter, shared experiences, and simply having somewhere to belong can all make a meaningful difference in our community's behavioral health and well-being. This grant funding is specifically intended to help reduce social isolation and encourage adults ages 55+ to get out, connect, and participate, but Community Nights are not just for seniors! All generations are welcome. Bring the grandkids, invite your family, neighbors, and friends, and come spend the evening together. The more generations we bring together, the stronger and more connected our community becomes.

So come as you are and join us for an evening of connection, laughter, and community. Our doors are open—come be part of the fun!



New Pantry Septic Permit Submitted 8/20/2026

New Pantry Building Permit Submitted 8/20/2026

Special Thanks to

Land Survey Engineering & KPCS Permitting Volunteer Jenny Albright

Moon Mountain Farm

Where Flowers Become Art

OUR VISIT TO MOON MOUNTAIN FARM

On a warm summer day, a group from KPCS Senior Center had the pleasure of visiting Moon Mountain Farm for a beautiful, inspiring experience filled with flowers, creativity, and community.

Our host, Christie Tackett, welcomed us with open arms and shared her knowledge of flower farming, sustainable practices, and the artistic elements of creating a bouquet.

Christie moved to the Key Peninsula a few years ago and has built Moon Mountain Farm from the ground up. All of her flowers are grown organically with great care and intention. Her farm is a true reflection of passion, hard work, and love for the land and community.



About Our Host

CHRISTIE TACKETT

Director,
Key Peninsula
Farm Collective
Farmer,
Moon Mountain Farm

Christie moved to the Key Peninsula a few years ago and has built Moon Mountain Farm from the ground up. All of her flowers are grown organically with great care and intention. Her farm is a true reflection of passion, hard work, and love for the land and community.

It was a day to remember! ♥

Exploring the beauty of Moon Mountain Farm.



Christie Tackett teaching the artistic elements of a bouquet.



Beauty in every detail.

Learn more at

moonmountainfarm.com

A Special Volunteer Shout-Out!



A big KPCS thank-you to **Nancy Hines' grandsons**, who have become wonderful volunteers at KPCS! Pictured here is **Marcus**, helping his grandma make her way through the beautiful flower garden at Moon Mountain Farm.

We love seeing generations come together—whether it's volunteering at KPCS or making sure Grandma gets to enjoy every part of the adventure.



VOLUNTEER SPOTLIGHT

Meet Two of Our Remarkable Volunteers: Larry Paul Lee and Gail Glass By Teresa Conness

I recently had the opportunity to sit down with two of our volunteers, Larry Paul Lee and Gail Glass, for an interview. I knew a little about them, but I quickly discovered there was so much more to their stories than I had imagined.

As a team, Larry and Gail quietly go about their work here at KPCS, coming in each week to hang, fold, and sort through bags of donated clothing for our Clothes Closet. They also participate together in our Tai Chi program.

I began my conversation with Larry. A retired banker, Larry has lived in the area since 1976. He is also a proud Corvette owner and brought his pristine 2020 Corvette to the KPCS car show. His car has even been featured in Hagerty car magazine.

Then Gail began telling me her story, occasionally glancing over at Larry as she shared one remarkable chapter after another. I found myself thinking, how could one person have done all of this?

Gail has been a tugboat captain, scuba-diving instructor, Vet Tech, and has worked extensively with horses. She was adopted by two Canadian First Nations tribes and given Indigenous names. She worked with Native American artists.

Her adventures on the water began when she was just seven years old. She has paddled for most of her life and repeatedly traveled parts of the Inside Passage & SE Alaska alone by kayak. When she first met Larry, she took him kayaking and crabbing.

Gail also has extensive experience living and surviving in the wilderness. At one point during our conversation, she summed it up perfectly: “People fantasize about living in the wilderness. I just did it.”

As Gail spoke, I could see the depth of her experience and knowledge in her face. I was nearly speechless—and very glad I had decided to do this interview.

What struck me most was not only the extraordinary lives Larry and Gail have led, but also the differences between them and the genuine respect they have for one another. Their stories are very different, yet they have found a wonderful rhythm as friends, Tai Chi partners, and volunteers. For the past few years, Larry and Gail have been the steady hands behind our Clothes Closet. Week after week, they quietly show up, roll up their sleeves, and get to work. They don't seek recognition; they simply see what needs to be done and do it.

And perhaps that is what makes their story so special. Behind the everyday work of our KPCS Clothes Closet are two fascinating people with extraordinary stories and we are fortunate to have them as part of our volunteer family.



FRESH, NUTRITIOUS DELIVERED MEALS



GROCERIES

All available for delivery, or in person shopping at the Family Pantry in Key Center.



HOME DELIVERY

Prepared meals delivered with care right to your door.



PREPARED MEALS

Delicious, nutritious meals ready for delivery or shopping.



Family Pantry in Key Center:

9127 154TH AVE CT NW, LAKEBAY



Call for Delivery:

Food 4 All 253-857-7401

KPCS

Food Pantry
Senior Meals
Senior Center
Homeless Outreach



NEED MEALS?

Call KPCS Today: 253-884-4440

Choose home delivery by caring neighbors
or pick up at KPCS:
17015 9th St Ct NW, Lakebay



..... ♥
*Thanks to volunteers from Fox Island United Church of Christ
for helping KPCS cook and package meals!*



Virginia Mason
Franciscan Health™
A member of CommonSpirit



Thank You!



This program is generously supported
by a grant from
Virginia Mason Franciscan Healthcare.

Music *in the* GARDEN

SEPTEMBER 13

1:00 to 3:00 PM

at the

LONGBRANCH
IMPROVEMENT CLUB GARDEN

Featuring
Cathy and Andy

OPEN TO THE PUBLIC

LIGHT REFRESHMENTS
PROVIDED

Shuttle bus will be
leaving KPCS at 1:00 PM
and returning around 3:00
PM

Sign up at the front
counter!

LIVE MUSIC
GOOD PEOPLE
BEAUTIFUL GARDEN
FALL VIBES



September

Tuesday	Wednesday	Thursday	Friday
1 Chicken Teriyaki Veggie Egg Roll Fried Rice Steamed Broccoli Fruit Salad	2 Swedish Meatballs in Cream Sauce Boiled Potatoes Green Beans Melon Salad Dinner Roll	3 Navy Beans with Garlic & Sage Polenta Spinach Salad French Bread	4 Taco Soup with Beef Cottage Cheese Mandarin Oranges Churros
8 Beef Stroganoff with Noodles Roasted Squash Apple & Carrot Slaw	9 Hearty Shepherd's Pie Steamed Broccoli Fall Fruit Salad	10 Baked Salmon Seasoned Noodles Roasted Vegetables Melon Salad Dinner Roll	11 Smothered Pork Chops & Gravy Roasted Green Beans Stone Fruit Salad Bread & Butter
15 Spaghetti with Meat Marinara Tossed Veggie Salad Peach, Pear & Mandarin Salad Garlic Bread	16 Egg Breakfast Muffin with Ham & Cheese Potatoes O'Brien Sauteed Spinach Melon & Orange Slices	17 Lasagna with Meat & Spinach Garden Salad Carrot Sticks Fresh Fruit French Bread	18 Beef & Bean Burritos Seasoned Corn & Black Beans w/ Rice Cabbage Salad Melon Medley
22 Savory Baked Chicken Steamed Peas Orzo Pilaf Peaches & Pears	23 Chili Dogs Coleslaw Apple Crumble	Pot Luck & 24 Mac 'n' Cheese with Hot Dogs Garden Salad Steamed Carrots Dinner Roll Applesauce	25 Tuna Casserole Cottage Cheese Steamed Broccoli Peaches Dinner Roll
29 Salisbury Steak with Gravy Mashed Potatoes Glazed Carrots Stone Fruit Salad Bread & Butter	International Cuisine 30 Day: Italy Chicken Piccata with Angel Hair Pasta Spinach Salad Applesauce 		

Lemonade, Milk, Coffee & Tea available with each meal

CALL 253-884-4440 BY 10 AM TO RESERVE YOUR PLATE

Age 60+: \$3 suggested donation — no one is turned away!

Age 59 or less: \$12.55 each required

Kitchen Volunteers always eat free!

These services are supported by funding from Pierce County through its Human Services Department.

September Events Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 8:30 AM SAIL 9:45 AM Tai Chi 	2 9:30 AM Cards & Games 10:00 Life Talks 11:30 AM SHIBA 12:30 PM Book Club 1:00 PM PCHS Mobile 3:00 PM SAIL Birthday Celebration 	3 8:30 AM SAIL 9:45 AM Tai Chi 1:00 PM Bingo 2:30 PM ADD/ADHD Support Grp. 	4 10:00 AM Prog. Commitee Mtg. 12:45 PM Movie & Popcorn "The Getaway" 	5 8:30 AM SAIL 
7 3:00 PM SAIL	8 8:30 AM SAIL 9:45 AM Tai Chi 10:00 AM Tacomaprobono 5:30 PM KPCS Community Nights 	9 9:30 AM Cards & Games 10:00 AM Life Talks 1:00 Card Making w/ Marla 3:00 PM SAIL 	10 8:30 AM SAIL 9:45 AM Tai Chi 2:30 PM ADHD/ADD Support Grp. 5:30 PM KPCS Community Nights 	11 12 8:30 AM SAIL 13 1:00 PM Bus to LIC Music in the Garden 	
14  3:00 PM SAIL	15 8:30 AM SAIL 9:45 AM Tai Chi 5:30 PM KPCS Community Nights 	16 9:30 AM Cards & Games 10:00 AM Life Talks 1:00 PM Vets & Friends Coffee 3:00 PM SAIL 	17 8:30 AM SAIL 9:45 AM Tai Chi 1:00 PM Bingo 2:30 PM ADHD/ADD Support Grp. 5:30 PM KPCS Community Nights 	18 12:45 PM Casino Trip: Emerald Queen 1:00 PM Fiber Arts 	19 8:30 AM SAIL 10:00 AM Creative Open Space 
21 3:00 PM SAIL	22 8:30 AM SAIL 9:45 AM Tai Chi 5:30 PM KPCS Community Nights 	23 9:30 AM Cards & Games 10:00 AM Life Talks 3:00 PM SAIL 	24 8:30 AM SAIL 9:45 AM Tai Chi 2:30 PM ADHD/ADD Support Grp. 5:30 PM KPCS Community Nights Pot Luck	25 9:00 AM Plant Exchange 12:45 PM Movie & Popcorn "Paper Moon" 	26 8:30 AM SAIL 
28 10:00 AM Shopping Trip: Walmart  3:00 PM SAIL	29 8:30 AM SAIL 9:45 AM Tai Chi 5:30 PM KPCS Community Nights	30 9:30 AM Cards & Games 10:00 AM Life Talks 12:00 PM International Day: Italy 3:00 PM SAIL			

STREET OUTREACH

This Summer!

Summer kept our KPCS Street Outreach team busy, especially during the hot weather. Erin and Ethian prepared cinch sacks with practical essentials for our unhoused neighbors, including water, Gatorade, hygiene items, sunscreen, hats, lip balm, and many other useful items to help people stay **hydrated, protected, and safe** while outdoors.



Erin
Street Outreach Lead



Ethian
Street Outreach Specialist

SUMMER IN ACTION

Cinch sacks packed with practical essentials:

-  Water
-  Gatorade
-  Hygiene Items
-  Sunscreen
-  Hats
-  Lip Balm
-  And More!



ETHIAN AND ERIN ARE HERE

TUESDAY-FRIDAY | 8:00 AM – 4:00 PM

AND THEY ARE READY TO HELP.



LifeTalks: Connect Through Intentional Conversation

LifeTalks is an 8-week program where you'll engage in meaningful conversations, thoughtful reflection, and genuine connection. It's a wonderful opportunity to build new friendships, feel more connected, and share your unique story.

Meeting once a week for two hours, each session is guided by caring facilitator, Abby, with Virginia Mason Franciscan Health. Together, we'll explore a different topic each week, including memories, life's turning points, friendship, work, history and its impact on your life, and the legacy you hope to leave.

With Door Prizes – Get to know you games – Free KPCS T-Shirt and snacks!

Wednesdays, September 2 – October 21 / 10:00 AM – 12:00 PM

in the Multi –Purpose Room / Capacity: Limited to 8–12 participants

Cost: FREE / Ready to Connect? Register today by calling 253-884-4440



Help Share KPCS
while you're running
around town.

**Fundraiser T-Shirts
are \$10 Each!**

Pick one up today!

**KEY PENINSULA
VETERANS &
FRIENDS COFFEE**

COME FOR COFFEE, SNACKS AND CONVERSATION

★
Wednesday
SEPTEMBER 16, 2026
★ 1PM ★

17015 9TH ST CT NW
LAKEBAY, WA 98349
★ ★ ★

**Key Pen South
Book Club**

GOOD BOOKS • GOOD CONVERSATION • ALL ARE WELCOME

NEXT MEETING
September 2nd
12:30 PM

BOOK DISCUSSION
“Easy Beauty”
By
Chloé Cooper Jones

Books
People
Community
Belonging

READ
DISCUSS
SHARE
CONNECT

KEY PENINSULA COMMUNITY SERVICES
17015 9TH ST CT NW
LAKEBAY, WA 98349

We'd love to have you join us!
253 884 4440

OCTOBER'S BOOK:
We will choose the next book together.
Books are provided.



Let's go, Walkabout!

As people are getting to a "certain age," the fear of falling gets stuck in our brains... either in the back of the brain whispering or in the front of the brain yelling.

And it is important to be aware of. The scary fact is that the complications from falling in older adults are a major cause of death in our country. Just behind heart issues and cancer.

So, what does that really mean for us older adults? Can we avoid falling? The good news is yes, we can avoid falling in many cases.



The simplest and most natural is by walking every day and moving our bodies often throughout the day.



Staying physically fit keeps our bones and muscles strong. A good place to get fit and stay balanced is by joining our SAIL classes here at the Community Center.



It's also a great place to be with other people to have fun and exercise.

That also means knowing how to walk and noticing what you are actually doing when you walk.



Are you stepping out and landing on your heel, then moving throughout the foot to the ball of your foot and then pushing off from your toes?



Are you carrying your head level or looking down?



Is your body in line or stooped over?



Have someone watch you walk and maybe even video you.

The more we are aligned with gravity in our bodies, the easier it is to stay upright. 



With love

Bobbi 



You Are Not Alone:
AA Meetings at KPCS
All Meeting Times 7:00 PM – 8:00 PM:
Wednesday Night
Friday Night
Sunday Night

Key Peninsula Lutheran Church offers
AA Tuesday 5:30 PM
AA Friday 7:00 PM
Narcotics Anonymous
Wednesday Night 7:00 - 8:00 PM



TACOMAPROBONO IS ALWAYS AT KPCS
THE 2ND TUES OF THE MONTH
10:00 AM - NOON
TUESDAY, SEPTEMBER 8TH

What's Happening Around the Neighborhood?

SEPTEMBER 18TH, 2026 | 12-7PM

12:00-4:30 PM
PROFESSIONAL LEARNING PROGRAM
Certificate of Completion provided

4:00-6:00 PM
COMMUNITY CONNECTION & SUICIDE PREVENTION PROGRAM

6:15 PM
BRIDGE TO HOPE: 5K WALK/RUN
5:30 p.m. - Pick up race bib
6 p.m. - Honoring Ceremony & Bead Ceremony

PENMET PARKS RECREATION CENTER

SUICIDE PREVENTION SUMMIT 5K
THEME: BRIDGE TO HOPE

SPONSORED BY PIERCE COUNTY
CHAIRMAN BY PIERCE COUNTY COUNCIL MEMBERS ROBYN DENSON (DISTRICT 7) & PAUL HERRERA (DISTRICT 2)

REGISTER HERE

The event is free to attend with registration.

Longbranch Improvement Club
Exhibits and Demonstrations
Guest Artist: Cholpon Djumabaeva

fiber arts +

threads through time
ARTISTIC TO UTILITARIAN
TRADITIONAL TO MODERN

Saturday Sept. 27
10am to 4pm
Free Admission

KEY PENINSULA FARM TOUR

SEPTEMBER 26 & 27

LIVE MUSIC • FOOD TRUCKS • LOCAL VENDORS • KIDS ZONE • RAFFLES & MORE!

KEY CENTER Block Party

LAST BLAST OF SUMMER!

FUN for the WHOLE FAMILY!

SATURDAY SEPT 12 10AM-5PM
★ KEY CENTER, WA ★

SUPPORT LOCAL. Celebrate Community!

VENDOR INFO: EMAIL US @ KEYCENTERBLOCKPARTY@GMAIL.COM

KPCS Community NIGHTS
GAMES • MUSIC • GOOD COMPANY
All Generations Welcome!

TUESDAYS & THURSDAYS
5:30PM - 7:00 PM

FREE Dental Resource Day

at Key Peninsula Lutheran Church
SPONSORED BY THE PIERCE COUNTY LOCAL IMPACT NETWORK



Adult Dental Appointments Scan Code
or call Charlotte: (253) 400-7072



WHAT
Free on-site dental care for adults
May provide extractions, fillings and xrays.

9/9/2026

WHERE
Key Peninsula Lutheran Church
4213 Lackey Rd NW

HOW
Scan the QRcode to choose your appointment time

NETWORK PARTNERS



Homewatch CareGivers
The Mustard Seed Project

Rotary
Club of Gig Harbor

CAREGIVER ACADEMY
Certified Home Care Aide Program

September 30 - October 25

Online Classes

Flexible online format

Complete your hours on your own schedule
Four in-person, hands-on learning days

\$75 fee for materials (scholarships available)

To register email
programs@themustardseedproject.org or 253-884-9814

The Mustard Seed Project
9016 154th Ave Ct NW
Lakebay, WA 98349



KPCS SUMMER



Photo Credit: Cliff Arif & Jan Murphy
Thank You For Sharing!