



17015 9th Street Ct N
 PO Box 392
 Lakebay, WA 98349
 253-884-4440



Connecting People to Build Community

Key Peninsula Community Services is a thriving nonprofit organization dedicated to serving the Key Peninsula and surrounding communities. Founded in 1982, we provide essential services through our Food Bank, Senior Meal Program, and Senior Center. Our Food Bank distributes nutritious food to those in need, while our Senior Meal Program provides hot, balanced meals to seniors in the area. Our Senior Center offers a variety of social, recreational, and educational activities for older adults. Join us in supporting our neighbors and building a stronger, more connected community.

April is National Humor Month

Let’s take time to celebrate all things funny and lighthearted. While laughter is certainly a key ingredient, this month we also recognize the importance of humor in all its forms—from witty jokes and clever comedy to the simple joy of sharing a laugh with friends. So why not embrace your inner comedian and let the laughter ring out this April? After all, they say laughter is the best medicine—and there's no better time to get your daily dose!



I can’t tell the difference between a rose and a dandelion. So when it came time to fix up my garden, I had no clue which plants to keep and which ones to remove. That is until my mother gave me this handy tip: “Pull them all up. If it comes back, it’s a weed”.

Staff:

- Willow Eaton Executive Director
- Brett Higgins Food Pantry Manager
- Jackie Daigle Kitchen Manager
- Teresa Conness Prog/Vol Coordinator
- Peggy Gablehouse Office Manager
- Vivian Blanchard Chef
- Mike Hanson Kitchen Assistant
- Judy Carter Food Pantry Assistant
- Natalie Loyd Food Pantry Assistant

Board of Directors:

- Frank DiBiase President
- Vicki Husted-Biggs Vice President
- Karl Bonn Treasurer
- Sandy Dunn Secretary
- Joe Crain
- Tony Ives
- Mike Fay



Staff Changes

Many of you know, Kyong has moved on to retirement. While we're sad to see her go, we want you to know that our team is still going strong!

We've made some adjustments to keep things running smoothly, and we're confident that we'll continue to provide the same great service you're used to. We have hired outside professional help for our bookkeeping needs, Peggy will be transitioning to Office Manager, and we will be hiring a new Receptionist. This restructuring will make us more efficient and effective in performing all the tasks of running our busy Community Services Center.

We wish Kyong all the best and thank her for her hard work. We're excited to keep serving our community and appreciate your continued support!



KPCS and KP Partnership for Healthy Community are proud to continue our Neighbor Feeding Neighbor program. This important program provides fresh, nutritious meals to those in need, thanks to the culinary talents of Chef Vivian and the support of our dedicated staff. Let's work together to ensure no one in our community goes hungry. Reach out to us to lend a hand or get assistance - every meal makes a difference



Pierce County
Human Services

Every second
Thursday of the
month, Stefanie Love,
the Pierce County

Social Service Coordinator, sets up a table outside the Food Pantry 11:00AM-12:00PM. She's there to answer your questions and provide information about the many services Pierce County offers, which you might not even be aware of.

So, if you or someone you know could use some assistance, feel free to stop by and chat with Stefanie. She's dedicated to helping folks navigate the available resources and find the support they need. Don't hesitate to reach out. That's why she's here.



Your Medicare Minute: by Jean Jackson

Gems from Jean

I have enjoyed speaking with you this past couple of months at lunch on the second Tuesdays. I look forward to meeting more of you in the months ahead!

Here are this month's gems:

- 1) There are multiple enrollment periods.
- 2) You can shop for Medicare plans throughout year.

Regarding enrollment periods, do you know the difference between---AEP, OEP, and SEP? AEP stands for Annual Election Period (mid-October to the end of the first week of December), OEP is Open Enrollment Period (early January to the end of March), and SEP is a Special Election Period (flexible—dependent on a qualifying.)

If you already have a plan that is working for you, should you take the time to consider switching to a different plan? Maybe. Just as with the car you drive, you could keep driving the same one until it just doesn't get you there anymore. However, I will venture to guess that you have upgraded your vehicle, even if your old car was still in running condition. I'd say that your Medicare coverage might be in that same category. So, looking at a new plan or plans, is just shopping.

On April 9th at our little lunch and learn time, let's take a closer look at these two gems—you might discover that they have a special gleam.

Your resident Medicare Advocate—I am hoping to demystify Medicare for you. I may not know the answer to every question, but I have the resources to find them, or direct you to the source that can.

See you in April,
Jean

INDIAN MOTORCYCLE RIDERS GROUP - BREMERTON WA #2047

BIKES & BBQ



Spring Charity Ride

KEY PENINSULA COMMUNITY SERVICES



KSU 10AM FROM INDIAN MOTORCYCLE OF BREMERTON

REGISTRATION \$20 PER RIDER (INCLUDES LUNCH)

Ride Ends with LIVE Music, Raffles, Public Welcome @ KPCS



ALL PROCEEDS GO TO: KPCS PROGRAMS - INFO: 253 884-4440 - ALL BRANDS WELCOME

Paula Simon, Brennan Heating and Air Conditioning Outreach Manager



I have the pleasure of reaching out and meeting with non-profits that are in our service area to find out what they need and create a partnership to help where we can. I will be in to speak about what you can do as a homeowner to keep your HVAC system in good shape and working properly.

Friday, April 26th, 12:15



From the Navigation Room:

I love this time of year! The beginnings of spring. The Camelia Bushes have bloomed, Forsythia Bushes are bright yellow. The Tulips and Daffodils have their faces to the sun. We have some days pushing the 60 plus degree mark! Someone came in the other day and they were talking about vegetable seeds. Ok, now it is a calling of action. At the time of this writing, I am still heating my greenhouse overnight on the 30 degree nights.

Our Clothes Closet is finally open so please do come in and browse.

Get out and enjoy the beautiful days. This is why we love the Pacific Northwest!

Take care Matey!

Peggy



Need a check up?

Mobile Medical Clinic
Wed., April 3rd | 1pm - 3pm



Their mobile team offers a wide range of primary care services including:

- Basic office visits
- Diagnostic studies (labs, etc.)
- Referrals when appropriate

PCHS IS DRIVEN TO SERVE YOU.

Peninsula Community Health Services (PCHS) is a patient-centered medical home that has been serving the broader peninsula for nearly 35 years!

They recently opened a new KP clinic with primary care Medical, dental, and pharmacy services @ 11901 137th Ave Ct NW.

PCHS Office
360.377.3776
SHIBA Line
360.475.3095
Website
pchsweb.org

Scan for more info!



Have insurance questions?

PCHS has free & confidential sessions with certified Navigators.

Their team can help with:

- Medicare (SHIBA)
- Medicaid (HealthplanFinder)
- Sliding-scale system for those paying out-of-pocket.



Insurance Navigators
Fri., April 19th | 11:30am - 1:30pm


**Please call
ahead to
reserve your
meal**



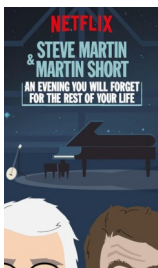
**60+: Suggested
\$3 EACH**
**60 — : Required
\$5 EACH**

Tue	Wed	Thu	Fri
2 <i>Fish Sticks Tater Tots Coleslaw Mandarins Roll & Dessert</i>	3 <i>Sweet/Sour Meatballs With Rice Green Salad Grapes & Dessert</i>	4 <i>Cheeseburger Casserole Pea Pasta Salad Apple Cake</i>	5 <i>Chicken PotPie Broccoli Fruit Dessert</i>
9 <i>BBQ Pork Sandwich Broccoli Salad Fruit Dessert</i>	10 <i>Lemon Baked Cod Coleslaw Green Beans Apples Dessert</i>	11 <i>Cheese Ravioli In Marinara Ital Blend Veggies Bread Sticks Cookies</i>	12 
16 <i>Chicken Ndle Soup Ham/Cheese Sand Mixed Veggies Fruit & Dessert</i>	17 <i>Smoked Sausage Pork&Beans Coleslaw, Fruit Roll & Dessert</i>	18 <i>Baked White Fish Mac & Cheese Roll, Peaches Apple Crisp</i>	19 Birthday Meal <i>Cheese Tortellini With Pesto Garlic Bread Salad, Fruit Dessert</i>
23 <i>Beef Taco Salad Spanish Rice Fruit Dessert</i>	24 <i>Chick. Dumplings And Noodles Mixed Veggies Pears, Lemon Bar</i>	25 	26 <i>Tuna Sandwich It. Pasta Salad Fruit & Dessert</i>
30 <i>Grilled Cheese Tomato Soup Mixed Veggies Fruit & Dessert</i>	Thank you, Sandy, for typing the menu!! (P.S. See mistakes? You know who to tell!)		

What's Happening This Month?

Mon	Tue	Wed	Thu	Fri	Sat Sun
1 4:00 S.A.I.L	2 8:30 S.A.I.L 9:45 Tai Chi	3 9:30 Cards/Games 1:00 PCHS Mobile Clinic 4:00 S.A.I.L	4 8:30 S.A.I.L 9:45 Tai Chi 12:30 BINGO	5 12:30 Program Comm.	6 8:30 SAIL
8 4:00 S.A.I.L	9 8:30 S.A.I.L 9:00 Shopping 9:45 Tai Chi 10:00 Tacoma ProBono 12:15 Medicare Talk 12:30 Medicare Help	10 9:30 Cards/Games 4:00 S.A.I.L	11 8:30 S.A.I.L 9:45 Tai Chi 10:00 Tax Help 10:00 Pierce County Social Services	12 	13 8:30 SAIL 12:00 Bikes & BBQ
15 4:00 S.A.I.L	16 9:00 TRIP: Skagit Tulips 8:30 S.A.I.L 9:45 Tai Chi	17 9:30 Cards/Games 12:45 Painting w/ Teresa 4:00 S.A.I.L	18 8:30 S.A.I.L 9:45 Tai Chi 1:00 BINGO 2:00 Garden Club	19 11:30 PCHS Medicare Help 11:30 Blood Pressure 12:15 Birthday	20 8:30 SAIL
22 4:00 S.A.I.L	23 8:30 S.A.I.L 9:45 Tai Chi 10:00 Shopping w/ Jennifer	24 9:30 Cards/Games 9:30 TRIP: BJ's BINGO 10:00 Foot Care 4:00 S.A.I.L	25 8:30 S.A.I.L 9:45 Tai Chi 12:00 POT LUCK 12:45 Karaoke	26 10:00 FREE TABLES 12:15 Speaker: Paula Simon, Brennan Heating 12:30 MOVIE: Steve Martin & Martin Short	27 8:30 SAIL
29 4:00 S.A.I.L	30 8:30 S.A.I.L 9:45 Tai Chi	May 1 9:30 Cards/Games 1:00 PCHS Mobile Clinic 4:00 S.A.I.L	May 2 8:30 S.A.I.L 9:45 Tai Chi 12:30 BINGO	May 3 12:30 TRIP: Home & Garden Show,	4 8:30 SAIL Aging Expo

Steve Martin & Martin Short



AN EVENING YOU WILL FORGET FOR THE REST OF YOUR LIFE

Friday, April 26; 12:30PM

Longtime pals and showbiz icons Steve Martin and Martin Short share countless quips, catchy tunes and hilarious stories about their lives in comedy.

2018

TV-14

1h 14mins.

Don't miss our Bikes & BBQ fundraiser!
Bikes arrive at 12:00
Burgers! Music! Fun!

9:30 Every Wednesday Cards & Games			
4	12:30	1st Thur	BINGO
5	12:30	1st Fri	Program Committee
9	9:00	2nd Tues	Shopping Trip
9	12:15	2nd Tues	Medicare Help; Jean Jackson
9	12:30	2nd Tues	Medicare Talk
11	10:00	Thurs	VITA (Tax Help)
11	10:00	2nd Thur	Pierce Cnty Social Services
12			CLOSED STAFF RETREAT
13	12:00	Saturday	Bikes & BBQ
16	9:00	Monday	TRIP: Tulip Festival
17	12:45	Wednesday	Painting with Teresa
18	12:30	3rd Thurs	BINGO
18	2:00	3rd Thurs	Garden Club
19		3rd Fri	Birthday
23	10:00	4th Tues	Shopping w/ Jennifer
24	9:30	Wednesday	TRIP: BJ's BINGO
25	12:00	4th Thur	POTLUCK
25	12:30	Thursday	Karaoke w/Teresa
26	12:15	Friday	Speaker: Brennan Heating
4/1	1:00	1st Wed	PCHS Mobile
4/2	12:30	1st Thurs	BINGO
4/3	12:30	Friday	TRIP: Home & Garden Show
4/4		Saturday	Aging Expo: interested?

Upcoming Stuff to Do

Shopping: 2nd Tuesday;

April 9; Leave the Center 9:00AM

Shop with friends and leave the driving to us.

Shopping destinations are determined on the day of the trip depending on rider request.

Fundraiser: Bikes & BBQ

Sponsored by IMRG and Brothers Powersports

Show your support for KPCS. Burgers \$5.00, raffles and prizes! Join the fun

Saturday, April 13th

Bikes arrive at 12:00

TRIP: Skagit Valley Tulip Festival

It's going to be a great day!

Tuesday April 16th

Depart: 9:00AM

Return: Depends on weather

This trip is anonymously sponsored!!

Tickets: up to \$20 for garden tour

Shopping with Jennifer in Belfair

Tuesday, April 23rd

Depart 10:00AM

Return: Approximately 3:00PM

Requested donation \$3.00

TRIP: BJ's BINGO & GAMING

Dedicated to making your stay as fun as possible.

When you're at BJ's you're always number one!

Lunch on site on your own

Wednesday April 24

Depart 9:30AM

Return: Approximately 3:00PM

Requested donation \$3.00

TRIP: Peninsula Home & Garden Expo

Fairgrounds, Bremerton

Friday, May 3

Departing: 12:30PM

Return: Approximately 4:00PM

Tickets \$10.00 at the door

Let's Talk Wellness: By Bobbi

No Foot No Horse

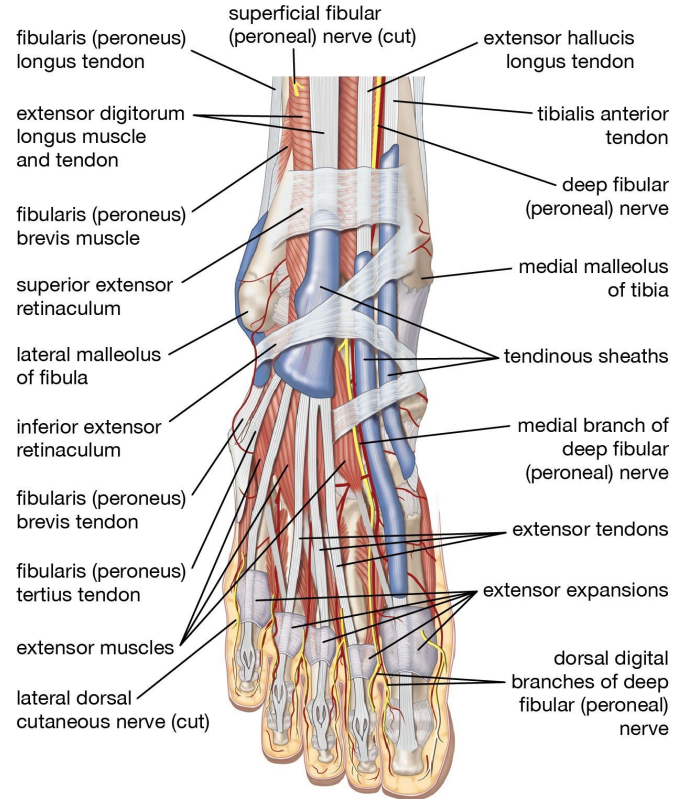
I used to train horses and “No Foot, No Horse” was a statement of fact. I kinda think the same thing applies to humans and our quality of life too. No foot No walk...

Did you know that there are 26 bones, 33 joints, and 100 ligaments, muscles and tendons in the human foot? How amazing is that? Let's think about that for a moment. Our feet keep us mobile and self sufficient. And healthy feet prevent falls. Feet are intimate things and we keep them covered most of the time and forget them. As we age, foot health becomes even more imperative. Yet, doctors do not regularly check older adults feet to determine the health of them. It's up to us! Starting with basic foot care that includes proper fitting shoes. Cleaning and moisturizing the feet daily along with keeping the nails trimmed straight across are the first step. For some people, just bending to get to the foot is an impossible challenge. And, it may seem easier to just forget about them rather than have another person look at them and help in their care. Only when there is too much pain or no feeling at all do we finally realize how important our feet are to our well being.

Long ago, I used to think pedicures were an extravagance until I got one. These people know how to clean, exfoliate, trim the nails and even massage your feet and calves. I walked out of there smiling and enjoying my pretty nail polish too. I regularly had pedicures after that. I didn't give my feet much thought either. Until I got a fungus in my big toe and started to lose my toenail. It's replacement is still in progress. Apparently, it takes a year to grow a new one. This is what got me to notice my feet and appreciate what a gift they are. Since I could not get a pedicure, I had to figure out how to take care of my own two feet.

One step at a time

Bobbi



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Feet Needing Some Attention?

We offer Foot Care

for a donation

April 24th

Must have an appointment!



The gingerbread man goes to the doctor and tells him he really hurt his foot.
The doctor says “Have you tried icing it?”

News and Tips from Tacomaprobono Community Lawyers

Our next visit to Key Peninsula/Gig Harbor will be Tuesday, April 9!



See you at KPCS 10-noon, The Mustard Seed Project of Key Peninsula in Key Center from 1-3 p.m. or the Gig Harbor Civic Center from 4-6 p.m. if you have a civil legal issue!

A huge thank you and shoutout to volunteer attorneys Pat DeMarco, who has been volunteering with us at KPCS since we began, and Kerry Brink who has joined us more recently – both call Key Peninsula home, and both are very much enjoying bringing the benefit of their years of experience to the community.

Are you struggling to pay property taxes on a mobile or manufactured home you own?

If you fall behind on your property taxes, the county can start procedures to foreclose on the home. This means the county could sell your home so it can be reimbursed for the property taxes you owe the county. If this happens, you would no longer own the home. You would have to find somewhere else to live.

A new law passed in 2020 might make it easier to keep your home. The law gives you time to catch up on your taxes and apply to have the interest and penalties on the back taxes waived (excused or forgiven) (RCW 85.56.070).

When can the county start to foreclose on my mobile home for unpaid property taxes?

The county must wait until you are **3 years** behind on your property taxes before it can start the foreclosure process.

- The county can start the foreclosure procedure **immediately** (and not wait 3 years) if it has reason to believe you are about to sell the home or have it destroyed or moved out of the county.

I can't afford to pay my back taxes and the interest and penalties. Can I get help? Maybe.

Under the new law, the county assessor will waive (excuse) the interest and penalties on the taxes you owe if you are the titled owner and all of these are true:

- You meet income requirements.
- The home is your primary home. It isn't a vacation or second home.

You can pay the late taxes (without the interest and penalties) for the years you are getting the waiver.

This waiver is a one-time opportunity. You cannot receive it more than once.

What do I need to do to get the waiver?

You must submit an application for this waiver to the county assessor at least 14 days before the distraint documents are recorded. Ask the county assessor's office for a copy of its application, and for information on when the distraint documents will be recorded.

I own the home. I rent the property it sits on. Does the new law apply to me?

Yes.

I own the home. I don't live in it. Does this apply to me?

No. You cannot have the interest on the taxes you owe waived if the home is not your primary home.

Read more about this at www.washingtonlawhelp.org and some visit us at one of our 2nd Tuesday locations if you need help with a housing, family law, or any other kind of civil legal issue.

How to Contact Us if it's not the 2nd Tuesday –

The VERY BEST way to contact our program if you need help is through the online intake form on our website, www.tacomaprobono.org. Our intake specialists will contact you as soon as possible for more information if needed and schedule an appointment for you or provide other resources depending upon your issue and program capacity. Second best is to walk into our offices during intake hours, 1-3 p.m. Monday-Thursday, 621 Tacoma Ave S, Suite 302, or 601 Tacoma Ave S for Housing Justice Project issues.