

**KPCS**

Food Pantry  
Senior Meals  
Senior Center  
Homeless Outreach

Your Community Connection

17015 9th Street Ct NW  
PO Box 392  
Lakebay, WA 98349  
253-884-4440

Connecting People to Build Community



**Trouble knocked at the door, but, hearing laughter, hurried away. -Benjamin Franklin**

**A Note from Our Board President, Frank**

Lots going on at Key Peninsula Community Services over the past few months as we do our best to meet or exceed the ever-changing needs of the community we serve. I'd like to share a brief sampling of some of the exciting and significant changes which are underway.

You may have already heard our much beloved Executive Director, Willow Eaton, is retiring. After, according to her, 110 plus years in the field of social service, including 5 years with KPCS, there's probably no one more deserving than Willow for what will hopefully be many happy years of rest, relaxation and time spent with pursuing hobbies or just hanging with her husband, Chris, on a beach in Florida somewhere. After a collective near-death reaction by Board members with Willow's announcement, we've managed to regain consciousness and have started the search for a new Executive Director. Willow's last day will be near the end of June. Our goal as a Board is to fill the position by not later than the beginning of June to allow for orientation of the new ED by Willow and her staff. If you know of someone who you think is qualified and interested, a job announcement and application for the position can be found at [Indeed.com](https://www.indeed.com) or they can email Willow at [willow@yourkpcs.org](mailto:willow@yourkpcs.org).



*Willow will be making her new home in Palatka, Florida*

Also, the process of upgrading and squeezing the use out of every last inch of space of our 100 year plus old building continues in earnest. The wooden deck and steps in the front of the building, which haven't been used longer than anyone can seem to remember, are now a relic of the past. This was done as part of a well thought out process by Brett Higgins, Food Pantry Manager, and Willow, in order to make room for a larger more functional food pantry. Willow was able to secure a grant from Pierce County to cover the cost of demolishing the deck and stairs, leveling the ground and starting the process of adding a concrete slab. Loren Combs, KPCS volunteer, reached out to contacts in the building profession who have agreed to draw up a set of plans for what the new food pantry addition will look like. Once the plans are completed, KPCS will be pursuing the funds and resources needed to complete the buildout. Much still needs to be done, but we're excited as we move forward to make the dream a reality for KPCS and the community.



And, last but not least, I was contacted by a well-known national celebrity who shared that he's been keeping abreast of all the great work going on at KPCS and wanted to know if he too could become a part of our well-oiled and innovative team. You may have heard of him. His name is Alfred E. Neuman. Below is a recent picture of "Big Al" as he goes by among his friends and family. Next time you're at KPCS, please take a moment to welcome "Big Al". We're all looking forward to his exploits.

**From the Crew's Quarters  
by Peggy, Office Manager**

We are coming into a very busy season. As all of you know, my office is in the copier and supply room. It holds all the office supplies for upstairs and downstairs as well as many of the supplies for the Program Manager. Needless to say, it gets overwhelming especially on change-out days of one month to the next. I am looking forward to the day that the senior center reclaims the current HHP Room and converts it to an office for both Teresa (Program Manager) and Brandon. There will be at least 2 racks and a cabinet moved to that new office. HHP will be in their new digs on the far side of the upper parking lot, and I will gain some room in the Crews Qtrs. YAY!!!!!!!



Brandon and I are putting our hands on every file in the cabinet and making sure everything is in the computer, purging some outdated files, and doing a major file cabinet cleanup. It is very time consuming but will be so rewarding once done. It should not affect our clients in any way unless it has been a long time since you have been in to visit.

**Change It Up!**

# CONTRA DANCE

**By Bobbi, S.A.I.L Instructor**

Recently, I went to a Contra Dance in Tacoma. It is like a cross between a square dance and an old world minuet. It's lively, to say the least. One dance may last 10 minutes, and you end up dancing with 20 or so people by the end of it. By the time the band took a break, my legs were wobbling, and I was ready to go home. I was also smiling and knew I would go back again next month.



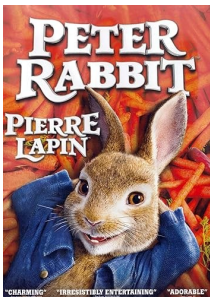
The next day, my muscles told me all about it in no uncertain terms! They were whiney and tired. Yet, they also showed me which muscles I had not

been using. I am fit, but my muscles are used to specific types of repetitive movements. I was once again reminded that we do need to change things up in order for our bodies to stay balanced and strong.

Changing things up has many benefits. Trying something new makes your brain work in a different way. I call it putting my brain on fire. It also means you may meet new people and create new friendships. You also get to know your body in a different way.

Saying that, we still need to try things that are within our range of ability, too. You don't have to Contra dance, but you might try the SAIL or the Tai Chi for Better Balance here at the Community Center or join a walking group or try the morning polar dip in the bay.. there are so many possibilities.

So.. every now and then, Change It Up!



A rabbit sneaks into a garden to steal food, and they get a new challenge with a new owner.

**Friday 11th, 12:30 1hr35min Rated PG**



When a former Civil War soldier saves a nun from a gang of bandits, they team up to help the Mexicans in their war against the French .

**Friday 25th, 12:30 1h56mins Rated GP**

## Notes from Reception

By Erin

Franklin Delano Goatsevelt began his life of crime at an early age; at just three weeks old, he escaped the watchful eyes of his mother, headbutted his way through the barn door, wormed his way through the perimeter fencing, and made his way to the neighbor's prize flower garden where he destroyed several award-winning rose bushes. Even after repeated reprimands and threats of legal action, Frank felt zero remorse. His crime spree continued, and a short time later he liberated the entire goat herd by chewing through yet another fence and leading the crush of caprines on a catastrophic tour around the neighborhood. During the mass goat exodus, Frank chased down the mailman and gleefully ate several letters, two packages, and trampled countless more posted missives (federal charges were brought but eventually dropped).

Around this time, Frank befriended his soon-to-be partner in crime, Roscoe Henry Hillengoaatter. Roscoe, with his striking black and white coloring and long-lashed blue eyes, would act as a sweet distraction while Franklin enacted his dastardly schemes. No enclosure fence or barn door or reinforced gate could contain them. Together, they successfully escaped their confines

multiple times and raided an ice cream truck, liberated school children of their sack lunches, knocked over a repairman's ladder and stranded him on a roof for hours, broke into a storage shed and destroyed and/or ate the contents, and countless other petty crimes.

Eventually, Frank and Roscoe's beleaguered owner finally devised a fencing system the two cretins of chaos could not outsmart, and their reign of terror over the citizens of Longbranch came to an end. Nowadays, these two troublemakers can be found sullenly chewing their cud while visions of their illicit adventures of the past play through their fuzzy skulls. It's only a matter of time before the horned hoodlums re-establish pandemonium yet again, and is it any wonder they were both born on April Fool's Day?



*Frank (L) & Roscoe (R) as babies, when the trouble started.*

**FREE TABLES RETURN  
2ND & 4TH FRIDAYS!  
Get stuff, leave stuff  
Please only usable items**

**Cupcake Decorating  
with Teresa**

April  
10th

1:00

Please preregister so  
we know how many  
cupcakes to make



**From the Free  
Clothing Bank:**

**By Peggy**

Springtime for the  
Clothing Bank!

We put out the call for  
fall and winter items,  
and you answered by  
bringing in all kinds of  
coats, hats, gloves,  
sweaters, and socks.

We are now putting out  
the call for spring and  
summer items. As you  
break out your clothes  
for warmer weather,  
please think of our  
garment room for those  
items you may want to  
replace. We will need

short sleeved shirts,  
shorts, light weight and  
capris pants, blouses,  
and sandals. We are  
accepting clothes for  
both our senior Garment  
room and children's  
clothes for the HHP  
Program.

Please make sure the  
clothes are CLEAN and  
new or gently used. We  
don't have the capacity  
to wash the clothes that  
come into the center.  
Thank you everyone, for  
always coming to our  
aid and supporting our  
needs. We really do  
appreciate YOU!

**Please call  
by 10AM to  
reserve your  
meal**



**60+: Suggested  
\$3 EACH**  
**60 — : Required  
\$5 EACH**

Tue	Wed	Thu	Fri
<p><b>1</b> Meat &amp; veggie pizza, green salad, fruit</p> <p>Happy April Fool's Day!</p>	<p><b>2</b> Shrimp Fettuccine, broccoli, cantaloupe</p>	<p><b>3</b> Lasagna rolls, garlic bread, fruit</p>	<p><b>4</b> Beef taco salad, Spanish rice, tortilla chips, fruit</p>
<p><b>8</b> Chicken broccoli casserole, peas, fruit</p>	<p><b>9</b> BLT, vegetable soup, green salad, fruit</p>	<p><b>10</b> New England clam chowder, spinach salad, rolls</p>	<p><b>11</b> Cheese tortellini w/ marinara, garlic bread, Caesar salad, fruit</p>
<p><b>15</b> Sloppy Joes, tater tots, peas, fruit</p>	<p><b>16</b> Chicken tortilla casserole, refried beans, rice, Caesar salad</p>	<p><b>17</b> Seafood chowder, corn bread, broccoli salad</p>	<p><b>18</b> Ham, green bean casserole, Au Gratin potatoes, roll, fruit, cake</p>
<p><b>22</b> Grilled cheese, bowtie pasta, coleslaw, fruit</p>	<p><b>23</b> Rueben sandwich, potato salad, apple cake</p>	<p><b>24</b> <b>Pot Luck</b></p>	<p><b>25</b> Chicken pot pie, green beans, fruit</p>
<p><b>29</b> Kielbasa, sauerkraut, mixed veggies, fruit</p>	<p><b>30</b> Baked cod, steamed carrots, rice pilaf, coleslaw, Lemon bars</p>	<p><b>Hoppy Easter!</b></p>	

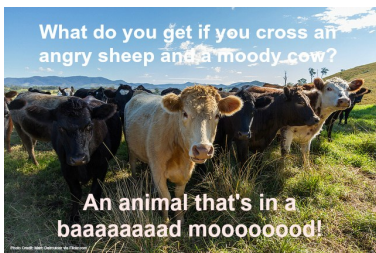
# What's Happening This Month?



Mon	Tue	Wed	Thu	Fri	Sat Sun
4:00 S.A.I.L	<b>1</b> 8:30 S.A.I.L 9:45 Tai Chi	<b>2</b> 9:30 Cards/Games <b>9:30 TRIP: Casino</b> <b>10:00 Haircuts</b> <b>10:00 VA Assistance</b> <b>1:00 PCHS Mobile Clinic</b> 4:00 S.A.I.L	<b>3</b> 8:30 S.A.I.L 9:45 Tai Chi 1:00 BINGO	<b>4</b> <b>10:30 Food Smarts</b> <b>1:00 Fiber Group</b>	<b>5/6</b> 8:30 SAIL
<b>7</b> 4:00 S.A.I.L	<b>8</b> 8:30 S.A.I.L 9:45 Tai Chi 10:00 Tacoma ProBono 12:15 Medicare Talk 12:30 Medicare Help	<b>9</b> 9:30 Cards/Games 4:00 S.A.I.L	<b>10</b> 8:30 S.A.I.L 9:45 Tai Chi 11:00 Pierce County Social Services <b>1:00 Easter Cupcake Decorating</b>	<b>11 FREE TABLES!!</b> <b>10:00 PLANT SWAP</b> <b>10:30 Food Smarts</b> <b>12:30 MOVIE: Peter Rabbit</b>	<b>12/13</b> 8:30 SAIL
<b>14</b> 4:00 S.A.I.L	<b>15</b> 8:30 S.A.I.L 9:45 Tai Chi <b>10:00 DSHS Mobile</b> <b>12:15 HHP Delci talk</b>	<b>16</b> 9:30 Cards/Games <b>10:00 Hair Cuts</b> 4:00 S.A.I.L	<b>17</b> 8:30 S.A.I.L 9:45 Tai Chi 1:00 BINGO	<b>18 Birthday Lunch</b> <b>10:30 Food Smarts</b> <b>11:30 Blood Pressure</b> <b>11:30 PCHS Medicare Assistance</b>	<b>19/20</b> Bikes & BBQ Fundraiser
<b>21</b> 4:00 S.A.I.L	<b>22</b> 8:30 S.A.I.L 9:45 Tai Chi <b>10:00 TRIP: Walmart</b>	<b>23</b> 9:30 Cards/Games <b>11:00 Indoor Badminton</b> 4:00 S.A.I.L	<b>24</b> 8:30 S.A.I.L 9:45 Tai Chi	<b>25 FREE TABLE PLANT SWAP</b> <b>10:30 Food Smarts</b> <b>12:30 MOVIE: Two Mules for Sister Sara</b>	<b>26/27</b> 8:30 SAIL
<b>28</b> 4:00 S.A.I.L	<b>29</b> 8:30 S.A.I.L 9:45 Tai Chi <b>9:30 TRIP: Visit Belfair w/ Jennifer</b>	<b>30</b> 9:30 Cards/Games 10:00 Hair Cuts 4:00 SAIL	<b>1</b> 8:30 S.A.I.L 9:45 Tai Chi 1:00 BINGO	<b>2</b> <b>10:30 Food Smart</b> <b>1:00 Fiber Group</b>	<b>3/4</b> 8:30 SAIL <hr/> <b>TRIP: GH HS Drama Theater</b>



These services are supported by funding from Pierce County through its Human Services Department.



**Les Misérables**  
SCHOOL EDITION  
April 4th  
Bus departs 12:00

Gig Harbor High School  
Tickets \$8.00

## News and Tips from Tacomaprobono Community Lawyers

*Our next visit to Key Peninsula will be Tuesday, April 8. We will be at KPCS 10-noon, The Mustard Seed Project of Key Peninsula in Key Center from 1-3 p.m. and Gig Harbor City Hall from 4-6 p.m. We'll also be at Gig Harbor City Hall on Monday, April 14, from 10-noon. Legal Aid Pop-Ups are free, open to anyone, and first-come-first-served.*

### No Joke!

*It is illegal to poach a Sasquatch in at least two Washington counties. In 1991, Whatcom County declared its roughly one million acres of land an official Sasquatch Protection and Refuge Area, giving our nation its first Bigfoot Sanctuary. If Bigfoot exists, lawmakers reasoned, it would be an endangered species, and therefore in need of protection. For this reason, Skamania County has considered Bigfoot-poaching a felony since 1969—still punishable by a \$1,000 fine.*

*This is actually not an April Fool's joke – there are a lot of strange laws on the books everywhere. Our attorneys don't know them all, but they are definitely prepared to help with anything you might be facing in our local Pierce County legal community!*



## Housing Justice Project Tenants' Rights Clinics

Did you know our Housing Justice Project legal aid services don't stop at providing eviction defense in the courtroom, we do much more -- we also have staff attorneys dedicated to preventing landlord-tenant issues from ending up in eviction court by enforcing your rights and working to keep you housed.

Our eviction prevention attorneys hold regular free Tenants' Rights Legal Clinics in Tacoma, Puyallup, Lakewood and Sumner to make it easier to connect with our services. The attorneys at the clinic can help you solve issues like notices from your landlord, installment plans for move-in costs, move-out issues, deposits, repairs, disputes, habitability, discrimination, harassment, illegal lockouts and utility shutoffs.

While our outreach staff can always help with landlord-tenant issues, these clinics are different than the regular pop-ups we do here on the Peninsula because they include staff attorneys and paralegals who specialize in solving landlord-tenant problems and may be able to provide brief services or limited representation if needed.

## HOUSING JUSTICE PROJECT TENANTS' RIGHTS CLINICS IN PIERCE COUNTY!

**Moore Branch Tacoma Public Library**  
Every 1st and 3rd Tuesday  
1-3 pm

**Main Branch Tacoma Public Library**  
Every 2nd and 4th Tuesday  
1-3 pm



**Lakewood City Hall**  
Weekly on Thursdays  
9:30-11:30 am



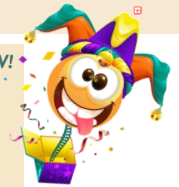
**Puyallup Public Library**  
2nd Monday of the month  
2-4 pm

**Sumner/Bonney Lake Family Resource Center**  
1st Wednesday of the month  
2-4 pm

COMPLETE YOUR ONLINE INTAKE NOW!



scan to go directly to our online intake form



You can get an appointment to attend a clinic by filling out our online intake form, visiting our main office for an in-person intake Monday-Thursday 1-3 p.m., or you can also walk in to a clinic that's convenient for you. If you do walk in without an appointment that's OK, but do plan to arrive as early as possible and bring any notices or other documents related to your issue. If you walk in and haven't already done an intake, an HJP paralegal will screen you for income eligibility at the clinic but you do not need to bring proof of income or ID.

The schedule for all our pop-ups, including the HJP Tenants' Rights Clinics, is on our website, [www.tacomaprobono.org](http://www.tacomaprobono.org).

In addition to the pop-ups, the best way to contact our program if you need help is through the online intake form on our website, [www.tacomaprobono.org](http://www.tacomaprobono.org), or in person at our downtown Tacoma offices, Monday-Thursday 1-3 p.m.



**Why don't scientists trust atoms?** Because they make up everything!

Here at KPCS, expanding our food pantry is a crucial step in addressing food insecurity and supporting vulnerable populations. Here's a brief overview of what it entails and why we feel it's important.

### **What is a Food Pantry Expansion?**

A food pantry expansion involves increasing the capacity and capabilities of an existing food pantry to better serve the community. This can include extending operational hours, increasing storage space, enhancing inventory management, and adding new services such as nutrition, education and cooking workshops.

### **Why is it Important?**

Food insecurity affects millions of individuals and families, leading to a range of issues including poor health, stress, and limited educational and economic opportunities. Expanding a food pantry can help mitigate these problems by providing more consistent access to nutritious food, supporting overall well-being, and fostering community resilience.

We now have an architectural firm creating concept drawings for us and we are very excited to see what they come up with!

**We're thrilled** to announce that starting April 1st, our outreach team will be taking things to the next level—we're officially switching to rollerblade-based outreach to increase speed and efficiency in the field. Erin Welch has already mastered a triple spin while handing out resources, Judy Carter is refining her high-speed intake form completion, and Delci Whited is designing hi-vis safety uniforms with glitter accents.

Just kidding—April Fools!

But in all seriousness, we are excited to welcome Erin Welch to our team as our newest Outreach Specialist! Erin brings valuable experience working with individuals in need and has a strong understanding of local resources that support our community. Her enthusiasm for this work is infectious, and we're truly fortunate to have her on board. She's already hit the ground running, and we look forward to the impact she'll make as part of our outreach efforts.

We're also taking a moment to reintroduce two incredible team members who continue to make a difference every day. Judy Carter, a dedicated Outreach Specialist, has a natural ability to connect with people and build trust—an essential part of the work we do. Judy continues to go above and beyond to reach and support our clients where they are. Leading the way is Delci Whited, our Outreach Program Manager, who brings both leadership and heart to our team, ensuring we stay grounded in compassion while striving for impactful results. Together, this team is doing powerful work, and we're proud to highlight the passion and dedication they bring to our mission.

If you see Erin, Judy, or Delci out in the community (rollerblades or not), be sure to say hello! And if you or someone you know could use support or wants to learn more about our outreach services, don't hesitate to reach out—we're here to help.

Cell: 253.224.8036

Email: [Delci@yourkpcs.org](mailto:Delci@yourkpcs.org)

Website: [yourkpcs.org/index.php/hhp](http://yourkpcs.org/index.php/hhp)

*Delci*



*Judy*



*Erin*



INDIAN MOTORCYCLE RIDERS GROUP - BREMERTON WA #2047

# BIKES & BBQ



*Spring Charity Ride*

**KEY PENINSULA COMMUNITY SERVICES**

**THIRD ANNUAL FUND RAISING EVENT!**

**ALL PROCEEDS GO TO FOOD PANTRY EXPANSION**

**Saturday April 19th**

- **BIKES! Arrive at 12:00**
- **CRAFT BOOTHS! Open at 9:00**
- **BURGERS- INCLUDING VEGGIE!**
- **RUMMAGE SALE! Opens at 9:00**
- **RAFFLES!**
- **SILENT AUCTION! All day**
- **LIVE MUSIC! Begins at 12:00**