



17015 9th Street Ct NW  
PO Box 392  
Lakebay, WA 98349  
253-884-4440

*Connecting People to Build Community*

## **KPCS Leads the Way in Tackling Homelessness with New Funding from Pierce County Human Services**

KPCS is proud to announce that we have been awarded funding from Pierce County Human Services to develop a new, innovative approach to addressing the needs of people experiencing homelessness on the Key Peninsula. This funding will enable us to create targeted solutions, working hand-in-hand with the community to ensure that those in need have access to safe, and necessary support services.

As homelessness and need on the Key Peninsula have risen significantly since the onset of the COVID pandemic, the demand for homelessness support services is at an all-time high, necessitating innovative solutions to meet the growing needs of our community.

To address this critical need, KPCS plans to forge strong partnerships with other organizations, such as the Gig Harbor Key Peninsula Housing and Homeless Coalition, to develop efficient and effective pathways that maximize the impact of the allotted funding and create lasting solutions for those experiencing homelessness.

Judy Carter will transition from her role as Food Pantry Assistant to Coordinator for the Homeless Housing Program. Judy will work closely with KPCS staff and community partners, to help people access essential resources, address barriers to stable housing, and create lasting solutions for those in need.

We are excited with this opportunity to tackle such an important community-wide issue and look forward to working together to create a proactive approach that will make the Key Peninsula the best community it can possibly be.

*THERE COMES A POINT  
WHERE WE NEED TO STOP  
JUST PULLING PEOPLE  
OUT OF THE RIVER...  
WE NEED TO GO UPSTREAM  
AND FIND OUT WHY  
THEY'RE FALLING IN.  
- DESMOND TUTU*

## **Homelessness Prevention Expanded: New Partnership Introduces Rental and Utility Assistance Program**

Further solidifying our commitment to the well-being of the KP community and homelessness prevention, KPCS has recently partnered with

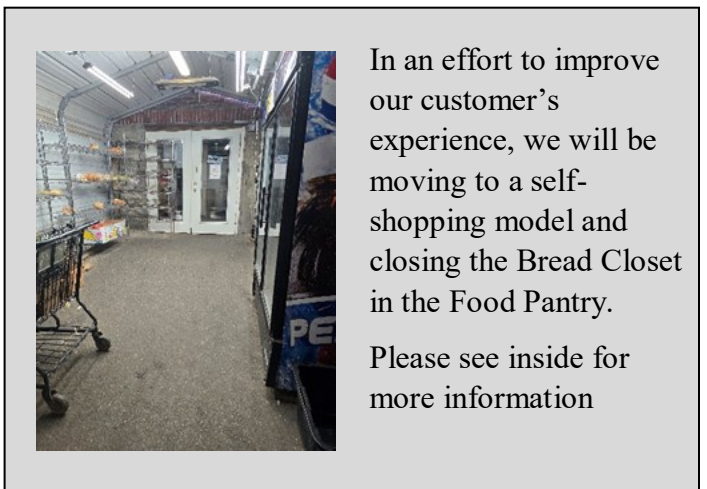
Associated Ministries to provide essential rental and utility assistance.

This collaboration is specifically designed to support those in the Key Peninsula community who are at risk of losing their homes due to an inability to cover basic necessities. By joining forces with Associated Ministries, KPCS aims to provide crucial financial assistance that will

help individuals and families maintain stable housing and prevent homelessness before it occurs.

If you or someone you know is struggling to make ends meet, you may qualify for this assistance program. Please reach out to our Receptionist, Brandon, or Office Manager, Peggy, to learn more about the program and determine eligibility.

Together, we can ensure that everyone in our community has access to the support they need during difficult times.



In an effort to improve our customer's experience, we will be moving to a self-shopping model and closing the Bread Closet in the Food Pantry.

Please see inside for more information

## A Note From Our Community Partners Gig Harbor Key Peninsula Housing and Homeless Coalition

The KP/GH Community “Back 2 School” event is Aug. 17th, 10:00 am - 4:00 p.m. at Key Peninsula Civic Center. Registration of PSD students can be done through our food banks or using <https://hctoday.churchcenter.com/registrations/events/2320451>

We are pleased to recognize the Westwynd Motel & Apartments, PC Deputy Sheriff Nathan Betts, the Homestead Community and Paul Barbosa for working in concert with the coalition, food banks, financial aid groups, churches and community services to serve our homeless and at-risk residents.

St. Vincent de Paul’s homeless outreach team is now making weekly visits to the KP/GH community, providing our homeless residents with shelter, healthcare, clothing and community resource access. As well, St. Vincent de

Paul’s Community Resource Center at 4009 S. 56th St., Tacoma (253) 474-0519. SVdP serves an average of 80 people per day and is accepting household goods, and clothing donations.

GHKP H&H Coalition zoom meetings are 10:00 - 11:00 a.m., every other Thursday. Next meetings are Aug. 8th and Aug. 22nd. If you’d like to attend or sign up to receive information updates, please email Bob Vollbracht, [vollbm@comcast.net](mailto:vollbm@comcast.net) If you’d care to visit a meeting, the below link can be used.

Join Zoom Meeting

<https://us06web.zoom.us/j/89793763452?pwd=vzanfoylFQzqm7fa8wCeqrVWFd9f5Q.1>



**The Family Promise of Pierce County** Ash Nazg Shelter Hub will proudly offer uninterrupted support to Pierce County's homeless community:

24/7 emergency services, 365 days a year call and intake: Our dedicated staff is available around the clock, day and night, to respond to urgent needs and ensure the safety and well-being of individuals facing crisis, in person or virtually.

Built to support via voice, text message or internet, We understand that challenges rarely adhere to a schedule. That's why our team is available to meet with clients at any time to discuss their needs, goals, and connect them with appropriate support services.

## From the Navigation Room

### By Brandon

I wanted to take a moment to thank all of the people in our lives that either work or act as caregivers. They provide very meaningful care in times that we need it most. Sometimes we can forget that caregivers need support, too.

Having a good support network is important for a caregivers' mental health. Connecting with other caregivers through support groups, either in person or online, provides a space to share experiences, advice, and emotional support.

Additionally, reaching out to family and friends for help, and taking advantage of community resources can lighten the caregiving load.

Knowing there are others who understand and can offer assistance reduces feelings of isolation and stress, fostering better mental health.

### Also!

We now have rent and utilities assistance available. If you are behind or struggling to make your payments, or know someone experiencing this, stop by the front desk and ask for details.



Caregiver Support Group

Meeting

3rd Monday of each Month

2:00-3:00PM

## From the Crew's Quarters

Part of my job is Accounts Receivable, and I was reminded this month about the gift of giving. We received a very generous anonymous gift this month of \$5,000.00. It came at a time when we can really use the money. We are not receiving the food donations like we do at Thanksgiving or Christmas. Do you have extra produce from your garden that may go to waste? Call us to see if we can take it. Apples getting ready for picking? This is a great time to go through your cupboards to see if there are things that you are not going to use and if the expiration date is no more than 3 months, we may be able to take it.

Costs for gas and food have gone up so much and it costs us so much more to get the food we provide. You say 'but you get the food donated!' We have employees to drive the truck (gas) to pick up the food. Those employees and other employees (wages) unload the truck and stock the food on the shelves and in the refrigerators and freezers in the Food Bank (Electricity and Center costs). Meat is something we must buy to be able to have meat for our clients.

**Your donations, whether food or money, help people in need. Even a single jar of peanut butter or a \$5.00 donation can make a difference. When many \$5.00 donations are pooled together, they can be used to purchase the little extras people enjoy so much. Remember, your contribution, no matter the size, matters and can help KPCS be the happy, helping place we know and love.**

The same with Senior Meals. We ask for only a \$3.00 donation from our Seniors for the meals we make fresh in our kitchen. That money goes toward the extras like coffee, tea, desserts, and napkins.

Events where we have snacks sometimes are paid out of these funds. Do you like to win Bingo prizes, and Paint with Teresa, play Cards, or have a cup of coffee from our Coffee Bar? All of this comes out of the donations that we receive.

If you enjoy what we offer here at the center, then please feel free to make donations. If you don't care, then something you enjoy may have to go away because the extras are the first to go.

Ahoy matie.

Peggy



## Wednesday Cards and Games at 9:30AM!

Please join us and visit our Coffee Bar. Coffee, Cocoa, or tea to start. There is usually a little pastry goodie or fruit and a pot of fresh coffee waiting for you.

We meet after 9:30 AM until Noon every Wednesday.

What are your favorites games or cards??? You do not need to register. There is always someone here to play.

### Staff:

Willow Eaton	Executive Director
Brett Higgins	Food Pantry Manager
Jackie Daigle	Kitchen Manager
Teresa Conness	Prog/Vol Coordinator
Peggy Gablehouse	Office Manager
Brandon Burton	Receptionist
Vivian Blanchard	Chef
Mike Hanson	Kitchen Assistant
Robin Ripa	Kitchen Assistant
Judy Carter	Food Pantry Assistant
Natalie Loyd	Food Pantry Assistant

### Board of Directors:

Frank DiBiase	President
Vicki Husted-Biggs	Vice President
Karl Bonn	Treasurer
Sandy Dunn	Secretary
Joe Crain	
Mike Fay	

# What's Happening This Month?

Mon	Tue	Wed	Thu	Fri	Sat Sun
			1 8:30 S.A.I.L 9:45 Tai Chi 1:00 BINGO	2 12:30 Program Comm  <b>4:00 ART WALK. See our booth!</b>	3/4 8:30 SAIL
5  4:00 S.A.I.L	6 8:30 S.A.I.L 9:45 Tai Chi	7 9:30 Cards/Games 10:00 VA Help 1:00 PCH Mobile Clinic 4:00 S.A.I.L	8 8:30 S.A.I.L 9:45 Tai Chi 11:00 Pierce County Social Services 12:30 Paint w/Teresa 2:00 Garden Club	9 <b>10:00 FREE TABLES 12:30 MOVIE: Inside Out</b>	10/11 8:30 SAIL
12  4:00 S.A.I.L	13 8:30 S.A.I.L 9:45 Tai Chi 10:00 Tacoma ProBono 12:15 Medicare Talk 12:30 Medicare Help	14 9:30 Cards/Games <b>12:15 Emergency Prep w/ Peggy</b> 4:00 S.A.I.L	15 8:30 S.A.I.L 9:45 Tai Chi 1:00 BINGO	16 LUAAU 11:30 PCHS Medicare Help 11:30 Blood Pressure <b>12:15 Birthday 12:30 Karaoke</b>	17/18 8:30 SAIL
19  4:00 S.A.I.L	20 8:30 S.A.I.L 9:45 Tai Chi <b>4:30 TRIP: Summer Sounds at Skansie featuring Elvis</b>	21 9:30 Cards/Games <b>10:30 Badminton &amp; Sundaes</b> 4:00 S.A.I.L	22 8:30 S.A.I.L 9:45 Tai Chi <b>12:00 POT LUCK</b>	23 <b>10:00 FREE TABLES MOVIE: Pillow Talk</b>	24/25 8:30 SAIL
26  4:00 S.A.I.L	27 8:30 S.A.I.L <b>9:30 TRIP with Jennifer</b> 9:45 Tai Chi	28 9:30 Cards/Games <b>9:30 TRIP: The Point Casino</b> 10:00 Foot Care 4:00 S.A.I.L	29 8:30 S.A.I.L 9:45 Tai Chi	30	31/Sept1 8:30 SAIL



## Inside Out

After young Riley is uprooted from her Midwest life and moved to San Francisco, her emotions - Joy, Fear, Anger, Disgust and Sadness - conflict on how best to navigate a new city, house, and school.

2015 PG 1h 35 mins

*Amy Poehler, Lewis Black, Richard Kind*



## Pillow Talk

An interior decorator and a playboy songwriter share a telephone party line and size each other up.

1959 1h 42 mins

*Doris Day, Rock Hudson, Tony Randall*

	Wed	Thu	Fri
		1 Black Bean Burger w cheese Pea salad Fruit, Dessert	2 Spaghetti & Meat sauce Garlic bread Salad, Fruit Dessert
6 Chicken bacon Burger w cheese Broccoli salad Fruit, Dessert	7 Pork chow mein & rice Crunchy noodles Veggies Fruit, Dessert	8 Karl's Birthday lunch: Salmon patties Sweet pot fries Broccoli Fruit, Dessert	9 Grilled cheese Tomato soup Mixed veggies Fruit, Dessert
13 Beef taco salad Fruit Dessert	14 Fried chicken Mashed pots & Gravy Corn on cob Roll, Fruit Dessert	15 Pork burrito & green sauce Spanish rice Green salad Fruit, Dessert	16 Tuna sandwich Pasta salad Fruit, Dessert 
20 Tofu stir fry & Rice Fruit, Dessert	21 Meatloaf Baked pots Green beans Fruit, Dessert	22 Baked chicken thighs Pasta salad Fruit, Dessert	23 Pulled pork sandwich Potato wedges Coleslaw Fruit, Dessert
27 Fish portion Baked potatoes Rolls Fruit, Dessert	28 Veggie burger & bun Carrot salad Fruit, Dessert	29 	30 Sloppy Joes & bun Baked beans Fruit, Dessert



Welcome Robin!

We are delighted to announce that Robin Ripa has joined our small but mighty team of Kitchen staff. Robin moved to the KP 1.5 years ago after 23 years working for the State of California. She has passion for service and helping people in need.

Robin shares her KP home with a Multi-Poo puppy.

Please join us in giving her a hearty welcome to the family!

FREE Clothing Bank Open during office hours			
7	Wed.	1:00	PCHS Mobile Clinic
7	Wed.	10:00	Veterans Assistance
8	Thurs	11:00	PC Human Services
9	Fri	10:00	FREE TABLES
13	Tues	10:00	Tacoma Pro Bono
13	Tues	12:00	Medicare Help
16	Fri	12:00	Medicare Help
23	Fri	10:00	FREE TABLES



**FREE CLOTHING BANK**

Back toward the Stern part of this ship is the Starboard Room also known as the Free Clothing Bank.

We will be adding the winter coats to the wall of coats and outer cover ups toward the end of the month. The other wall has mostly women’s items but a few men’s items.

Sizes usually range from 3X to ex small. We sometimes have stuff on the rack also.

Come in and peruse the room and see if you might find your next gem . If you have some clothes to donate, please feel free to bring them by.

Thank you

**TRIP: Summer Sounds at Skansie**



**August 20**

**ELVIS!!**

Depart: 4:30

Return: approx. 8:00

**FREE!**

**THE POINT**  
CASINO & HOTEL

**August 28**

Depart: 9:30

Return: approx. 3:00

**Requested \$3.00 donation**



Need a meal?

Know someone who does?

Ask about our meal free program.



**Pierce County**  
Human Services

On the second Thursday of every

month, the Pierce County Social Service Coordinator, Stefanie Love, sets up an information table outside the Food Pantry from 11:00 AM to 12:00 PM. This is a fantastic opportunity to learn about the wide range of services offered by Pierce County that you or someone you know might find beneficial.

Stefanie is a passionate and knowledgeable resource who can answer your questions and guide you through the various services available. Whether you're seeking assistance for yourself or a loved one, don't miss the chance to chat with her and discover the support that Pierce County has to offer. Her dedication to helping people navigate available resources is invaluable. Be sure to stop by and explore how these services can make a positive impact on your life or the lives of those around you. Remember, Stefanie is here to help!

**August 8th 11:00 - 12:00**

## HOME Food Pantry News



To better serve our customers, Your Home Food Pantry is moving to an **ALL RESERVATION Shopping Model** for Food Baskets and Commodities

Reservations will **BE REQUIRED**

starting August 1<sup>st</sup>, 2024. Shopping model should be fully implemented by September 1<sup>st</sup>, 2024

With this change, our daily shopping area we call the “Bread Closet”, along with the lobby, will be **CLOSING** soon. This area will be remodeled to be the self shopping area for Food Baskets customers.

Appointments will be made available on-line and in person. **NO** phone calls will be accepted.

During your next visit, your on-line access can be activated, an email address is **REQUIRED**.

With these changes we hope to serve our customers better, on a more personal level and with more dignity, while increasing the quality of our selection of foods.



***Bread Closet - CLOSING***

---

## Let's Talk Wellness: By Bobbi

### Lessons with my visit: **Returning Joy**

Finding my renewed sense of joy has been a long time in coming. As many of you know, my beloved Dan died almost two years ago. The grief still orbits around me like the moon. It comes in close. It orbits back out.

I remember in the early days I stood outside in the morning sun and humbly asked: "May I experience just a sliver of joy again someday?"

### **And of course, ask and you shall receive.**

For me, it came in the name of young dog named Shy-Ann. She was about 15 months old when she arrived. In one week she began to open up that part of my heart that had been so shattered. She is also fast becoming my teacher in embracing joy and wonder.

She has this ability to be amazed with new things and people. Her face lights up and she jumps and dances with delight and curiosity. Which also happens to be my definition of wonder. She is a bundle of joy and she opened up my broken heart like no other could.

She is incredibly intuitive about people and other dogs and she just seems to know what they need and then gives it to them.

### **She is a gift.**

We are all aging and time seems to be slipping into the future faster each year. We all experience loss on some level, whether it is the loss of our loved ones, our health, or the ability to do the things we used to do.

It can feel like you will never find happiness or well being again.

What I am finding is that if you can leave a little space open for even just the potential return of joy, it will. Not all at once to be sure, but little by little. It may even show up on your doorstep when you least expect it.

With love and gratitude

Bobbi

ps. a little note of thank you to Kristi, who pointed me in the doggy direction.





## News and Tips from Tacoma Probono Community Lawyers

**Our next visit to Key Peninsula Gig Harbor will be**

**Tuesday, August 13—we'll be at KPCS 10-noon, The Mustard Seed Project of Key Peninsula in**

**Key Center from 1-3 p.m. and Gig Harbor City Hall from 4-6 p.m. Don't forget our additional monthly Gig Harbor City Hall session on the third Monday of each month from 10-noon, next month on Monday August 15.**

**Got mold?**  
Q: If you've got mold growing in your rental house or apartment, who is responsible for fixing the situation?

A: It can be complicated! Mold problems in buildings are a result of water and moisture problems. Excess moisture comes from leaks or condensation. Tenants and landlords both have responsibilities for addressing water and moisture problems that can cause mold. Generally, fixing leaks is the landlord's responsibility and reducing condensation is the renter's responsibility.

Renters need to operate the heating and ventilation systems to reduce water condensation. Renters need to notify landlords promptly, in writing, of any water leaks or moisture buildup due to building problems. If there is a building problem, it should be fixed by the landlord. Your county or city building code enforcement official may take action if building problems are not addressed but won't respond to mold complaints, so it's important to stress the source of the water problem.

There may be health issues associated with exposure to mold and tenants do have a right to terminate their rental agreement if fixing the problem is the landlord's responsibility and it's been requested in writing.

If you are low-income and need legal advice related to a mold issue, please use the following contact information to connect with our Housing Justice Project:

### How to Contact Us –

The VERY BEST way to contact our program if you need help is through the online intake form on our website, [www.tacomaprobono.org](http://www.tacomaprobono.org), or use this QR code to go directly to the form:

Once you have an intake in our system, an intake specialist will call you back to schedule an appointment for you or provide other resources depending upon your issue and program capacity. Second best contact method if you are in Tacoma is to walk into our offices during intake hours, 1-3 p.m. Monday-Thursday, 621 Tacoma Ave S, Suite 302, or 601 Tacoma Ave S for Housing Justice Project issues.

In addition to our 2<sup>nd</sup> Tuesday and 3<sup>rd</sup> Monday on the Peninsula, we have a regular schedule of legal aid pop-ups all around Pierce County; the schedule for all these is on our website, [www.tacomaprobono.org](http://www.tacomaprobono.org) and they are a good alternative point of contact for our program.



### Need a check up?

**Mobile Medical Clinic  
Wed., Aug. 7th | 1pm - 3pm**



Their mobile team offers a wide range of primary care services including:

- Basic office visits
- Diagnostic studies (labs, etc.)
- Referrals when appropriate

## PCHS IS DRIVEN TO SERVE YOU.

Peninsula Community Health Services (PCHS) is a patient-centered medical home that has been serving the broader peninsula for nearly 35 years!

They recently opened a new KP clinic with primary care Medical, dental, and pharmacy services @ 11901 137th Ave Ct NW.

PCHS Office Scan for more info!  
 360.377.3776  
 SHIBA Line  
 360.475.3095  
 Website  
[pchsweb.org](http://pchsweb.org)



### Have insurance questions?

PCHS has free & confidential sessions with certified Navigators.

Their team can help with:

- Medicare (SHIBA)
- Medicaid (HealthplanFinder)
- Sliding-scale system for those paying out-of-pocket.



**Insurance Navigators  
Fri., Aug. 16th | 11:30am - 1:30pm**



## Swimming trunks